

President's Message



VINCENT CHIEW

Looking at the calendar, I just realized that I am more than halfway through my term. I must be having tons of fun along with the board because time seems to fly by so fast.

Besides having fun, I had great tasting food such as Prawn Noodles on March 6 and Penang Char Kway Teow on April 3. I would like to take this opportunity to thank Adeline and Philip, and many other volunteers (too many names to mention) for putting on the monthly Sunday lunches to raise funds for MSBCA. Our volunteers have put in countless of hours to make them great success. So far, we are averaging about 100 people each time. It gives great opportunities to get together to chat with old friends or to meet new ones. The best part for me is to see the younger kids playing together. If you and your family would like to join us for some tasty food, come out on May 1 for Yong Tau Foo Noodle, and for Singapore Laksa on June 12. Did I mention that the cost includes coffee/tea and dessert?

Recently, on behalf of MSBCA, I attended a community event in Chinatown hosting our Mayor Nenshi, to hear what plans he has for communities in Chinatown including MSBCA. Two points that

came across were that he would strive to increase weekday short-term parking spots to attract more people to Chinatown during the day, and to make Ward 7 more culturally diverse.

I am excited to tell you that at our April meeting the board approved the high-level budget for all activities for the rest of the year. Our next and biggest event of the year is Cultural Night, which will be held on June 4th at the Calgary Chinese Cultural Centre. I look forward to seeing you all on that night, at the same time enjoying many home-cooked dishes from Malaysia, Singapore, and Brunei. By the way, please contact Adeline if you can volunteer to help us cook.

I would like to encourage all members to visit our present on Facebook at www.facebook.com/msbcacalgary, and share with us your ideas and feedback. I particularly would like to know what events we can organize to attract young families, kids, and teenagers to come to our clubhouse. Also, you can share with us some of your fond memories of MSBCA with stories, pictures, and/or videos.

Finally, it is not too early to start considering about joining the MSBCA board for next year. Feel free to email us your board and position related questions to president@msbca.ca, or better yet, drop by our meetings to see us in action, just remember to let us know in advance.

Regards,
Vincent

"Every new endeavor is created out of the quality of the energy you bring to it and is meant to be its own thing."

– Oprah



Read about Tracey's adventure in Australia so far! Page 2 and 3

DO YOU LIKE TO SING OR DANCE?

See page 4 on how to get involved!

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travel editorial

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Membership Renewal? Change Member Info?

Please contact Jade Tarbet at
membership@msbca.ca
to keep your details current!



Hey everyone, I am writing to you from the beautiful country of Australia! The first week in Australia was good but it could have been better. I arrived to Australia with a pretty bad cough too, so that was a bit unfortunate. It was also rainy for the first few days I was in Sydney so I didn't really get to see as much as I wanted to while I was there, but I still tried to make the best of it! Here are some of the highlights of my trip so far...



Small seagulls compared to the ones in Calgary. Enjoying a kebab (donair) in Manly.

I arrived in Sydney on Saturday March 19 at 7:40am. I saw that it has been raining as I looked at the wet concrete out of my seat window. The rain stopped and there was some overcast. I slept for most of the 15 hour flight, so I got to reset my sleep schedule (I didn't really sleep the

night before and had stayed up since). It took me about an hour to get out of the airport, through customs and waiting for my baggage, problem free!

A friend greeted me at the airport and after freshening up, we went to have some breakfast in Mosman (a nice ritzy area in Sydney by the harbour), a nice spot where you can see the harbour but it was cloudy and rainy, so we couldn't really see the sights so I don't have any photos of the view. It was a cute little place called Burnt Orange <http://www.burntorange.com.au/>

After breakfast we were on our way to Bondi Junction near Bondi Beach. We stayed in this apartment services place called The Meriton. (<http://www.meritonapartments.com.au/sydney/bondi-junction/>) A great apartment rental place with a great view!



Bondi Beach, Sydney

travel editorial



At Terrigal Beach in Central Coast.

We had a delicious Thai dinner in Coogee, a beachside suburb in Sydney. Jetlag kicked in at about 7:00 pm, which is not too bad (about 12-1 am Calgary time). But after dinner I got really tired and plus the cough didn't help either. I had an early first night in Sydney.

I got to go Circular Quay (<http://www.sydney.com.au/quay.htm>) and saw the famous Harbour Bridge and Opera house landmarks. Another rainy day so it was



A really cool rock area under the headland at Terrigal Beach.

okay. I will have to go back to see it when it's nice and sunny! Checked out the Market at the Rocks, I also went to china town and went to the market (kind of like a night market where they sell lots of cheap knock off stuff).

One afternoon the sun came out so we made a stop at the popular Bondi Beach.

Also went to Manly, another beach suburb north of Sydney. I really enjoyed Manly, it's not as touristy of a spot as Bondi. It was great as well because finally the sun came out! So I went to Manly Beach to soak up the sun rays!

Then we left Sydney for the Central Coast (about an hour and a half drive north of Sydney). Went to Terrigal beach, had some breakfast near the beach. Then took a walk around the beach and the rocks. The Central Coast is such a beautiful place.

Went to Newcastle (an hour drive away from Central Coast) next nearest city from Sydney (2-hour drive away from Sydney). I would say it's about the same size as Calgary. Nice city. I am still sick at this point with a really bad cough, so I didn't get to experience much of Newcastle.



Forster Bridge. I swam to that little island near the bridge.

Currently, I am staying in Old Bar, a small beach town that is a 4-hour drive north of Sydney. Staying with Shane, and his roommates. He is the one who greeted me at the airport and has been showing me around these few weeks. It's lovely here. It's quiet and relaxing with a lot of nearby towns and such in between and lot of beaches to hang out at. I have been in Old Bar for about 3 weeks now, The past few weeks has been a great mix of relaxation, fun-filled adventure and sight seeing with some work I brought along with me.



I got to drive on the beach in a standard!



Look at how big the green onions are over here!

A few personal highlights: I got to drive on the other side of the road with right-hand drive and driving standard (I usually drive automatic). I also got to drive on a beach! Only some beaches allow you to drive on it and you also have to have a permit to drive on the beach. I tried to learn to surf didn't quite get the hang of it as quick as I did in Bali few summers ago. They have delicious meat pies here! I also got to watch a local rugby (they call it football or footy here) game, which was pretty fun! I got to see koalas and kangaroos at a small reserve. I still have to visit the Taronga Zoo in Sydney. I will probably get to do that



The local rugby game.

during Easter long weekend, as I will be heading back to Sydney for a few days and also celebrate Anzac Day (a very big day in Australia). Then I will be taking a 3 day bus tour from Sydney to Melbourne and staying in Melbourne for a week to visit a high school friend that lives there now! I can't wait, and I will update you all next month.

treasurer's corner

Our Condolences

Mr Harry Win, a past member and printer for the MSBCA newsletter passed away peacefully on March 19, 2011 leaving behind his wife Becky Win and family.

Gerry & Jill Vogt's father, Mr Gerhard Vogt, passed away peacefully in Regina, Saskatchewan on April 5, 2011.

COME AND JOIN US FOR FUN AND SHARING OF OUR CULTURES

MSBCA has been providing the Calgary community with cultural dancing for more than 8 years. We've performed for many cultural events attended by Federal leaders, Provincial leaders and the public. Normally we perform 12 to 14 times a year for the club and other cultural associations.

So come and join us for some cultural experience, socializing, fun and exercise, even if you do not wish to perform. Whether you're young or young at heart, male or female, you are all welcome. MSBCA Dance Group practices about 2 hours a week throughout the year. We usually practice more frequently nearer to a scheduled performance.

MSBCA Dance Group schedule: Fridays from 7pm-9pm

Please contact Jade Tarbet at jbtarbet@shaw.ca for more information.

MSBCA NEEDS YOU!

We like to extend our thanks to Paul Teoh Professional Corporation, our generous supporter for providing complimentary auditing services to MSBCA. As well, Paul offered a half-day training to me by one of his staff, Tony Dong to learn about Simply Accounting in preparation for our fiscal year end in August. Last year, I "cheated" - Cynthia helped me do the entries. This year, I thought it is about time I learn.

The disasters that struck Japan recently bring to bear the destructive nature of both the natural forces as well as the man-made infrastructures. The Board agreed to donate \$1,000 from our gaming proceeds with approval from AGLC and another \$500 from the general account through the fund raising efforts, specifically from the Sunday Brunch. The \$1,500 donation was disbursed through the Canadian Red Cross.

Closer to home, MSBCA also extended our condolences and the traditional "white gift" to the family of Harry Win, an ardent supporter during our Bingo days. Harry passed away recently. We

extended the same to Jill and Gerry Vogt in the recent passing of Gerry's Dad.

On the financial front, we did our Casino round on March 19/20. We should be expecting some gaming revenue to flow in, hopefully, maintaining the same level as in previous Casino events.

To date, we have done three Sunday Brunches with popular Malaysian/Singapore fare. Undoubtedly, we continue to attract full house capacity for these events. To date, we have raised about \$1,300 through the Sunday Brunches. We thank you for your continued support as well as the tireless efforts of the many volunteers that help to make these events a success.

As the Board, we have completed a draft budget plan of about \$75,000 earmarked with 73% toward facility upkeep, 5% toward charitable causes and about 22% towards the support of social events for the membership.

Yeuchuan

LOOKING FOR A DJ FOR CULTURAL NIGHT

MSBCA is receiving tender from a party who are interested to be DJ for the evening of June 4 for our Cultural Night celebration.

All tenders please forward to Adeline Chan (403)-383-1689 or email chantel888@gmail.com

MSBCA

Choir Practice

Practice will be held from 2:30 to 4:00pm in the clubhouse.

Starting May 1

Please contact Adeline Chan to sign up at (404)-383-1689

TAI CHI FOR HEALTH AND SELF-DEFENCE

Anyone interested in learning Tai Chi for health and self-defence, please email Vincent Chiew: president@msbca.ca.

Classes will be offered at the Clubhouse on Saturdays for \$20 per month if enough people are interested.

upcoming events

-----MSBCA CALENDAR ----- of events proposed for 2010-2011

Please note that some dates are still to be announced and that the events/functions are not limited to this list. If you have any event ideas, bring them forward!

May 2011

- 1th - Sunday Lunch

June 2011

- 4th - MSBCA Cultural Night
- 12th - Sunday Lunch



SUNDAY LUNCH

MSBCA Clubhouse

May 1, 2011
12 noon to 2pm

Serving:

Yong Tau Foo Noodle

Cooks:

Jesse Son



Price:

Member \$8.00

Non-member : \$8.50

Contact:

Adeline Chan
(403) 383 1689

Please register as we need to know how much to cook!

CULTURAL NIGHT 2011 PREVIEW I

This year our theme for the Cultural Night will be
“Pasar Malam Di-Tanjong Katong.”

It will be held at the Chinese Cultural Centre.

We are expecting a crowd of more than 600 people to this annual event.

There will be a night market of hawkers, selling authentic MSB food at a place called “Tanjong Katong.”

Volunteers are needed for this event in the areas of serving, cooking, selling food and cleaning. Sponsors are also welcome to help fund and donate door prizes for the event.

Please sign up with Adeline Chan (403)-383-1689.

sunday lunch highlights

Makan Sedap II & III

Story by Philip Chan
Photos by Vincent Chiew

Makan Sedap II



Makan sedap II was Prawn Noodle by Juliet Teng. Held in the clubhouse, once again, on Sunday March 5, 2011. It was oversold with more than 100 bowls of Prawn Noodle soup served to hungry guests. The kitchen continued to work clockwise as cook and helpers kept the noodles coming in a chainlike manner. With scoops of sambal chilli to spice up the noodles of course. The chef made sure we had enough to feed everyone.



The prawn noodle stock was prepared ahead by Juliet's secret ingredient. The prawn stock made the difference and everyone enjoyed the authentic taste of Malaysian-style Prawn Noodle soup with sambal. Bonus dessert for the day was Pulot Rice, Black Glutinous Rice, boiled with pandan leaves to give the aromatic fragrant and served with coconut milk. Those who came experienced a taste of Malaysia.

Many volunteers came to help in the kitchen the day before in preparation for this authentic prawn noodles, including assisting the cook and serving the



guests on the day. Thanks to Jennie Soo, Kathy Teoh, Joyce Yit, Cynthia Tung, Peggy Looi, Jill Heng, Choo Yeu Chuan, Daisy Kielhorn, Vena Palmer, Janette Choo, Paula Lim, Josephine Tse & Adeline Chan..



Makan Sedap III

Makan sedap III was Penang Char Kuay Teow by Joo Teh. Born in Penang, Joo kept his grandma's secret recipe of Penang Char Kuay Teow and brought it out to MSBCA, on Sunday April 6, 2011, for everyone to enjoy. The Char Kuay Teow has a distinct Penang taste with a good helping of ingredients including Chinese sausages and prawn fried to the right temperature one plate at a time. Sedap indeed.

The food only gets better at each monthly lunch. The lunch was another hit, well



attended by more than 100 guests wanting to try this authentic dish from Penang. Well, they didn't have to wait long in line to satisfy their palate. Bonus dish for the day include seafood porridge, another specialty of Joo Teh. Dessert for the day include "Sweet Pumpkin and Yam dessert," by Adeline Chan, pumpkin in coconut milk, served hot in a bowl... very peranakan, very 'sedap'.

Volunteers for the April lunch include Ee Pin, Sally Ling, Josephine Tse, Kathy Teoh, Joyce Yit, Jennie Soo, Siew Li Alzetta, Chiang Ling Ling, Janette Choo, Vena Palmer, Paula Lim, Eric Ang, Choo Yeu Chuan & Adeline Chan. Without these volunteers, we cannot possibly cook for so many or even to consider holding the event.

Thank you Juliet Teng and Joo Teh for being our chefs for the month of March and April respectively. Thanks to the many who came to support and spiced up the occasion with fun and laughter over a meal. The March proceeds from the Sunday lunches go to support the scho-



lastic awards for our member children. The April proceeds will go to the relief funding of the victims in the recent Japan earthquake/tsunami crisis.

For those who missed our lunches, please come back for our next "makan sedap" event held on the first Sunday of each month. Next in the menu is "KL Yong Tau Fu" with Jessie Son. Reservation highly recommended. The hawker food is guaranteed to satisfy your taste buds and more. It's so 'shikalingam'.

Advertise with Us!

small: (2.25" X 3.0")

- \$15/month

med: (5.0" X 3.0")

- \$30/month

banner: (7.75" X 2.75")

- \$45/month

half page: (7.75" X 5.0")

- \$50/month

MSBCA Newsletter has a readership of about 200 families & organizations.

CONTACT:

editor@msbca.ca

Send your questions,
comments or articles to:

editor@msbca.ca

Photo of the month



Photo by Tracey Bong. April 2011, Crowdy Head in New South Wales, Australia. This is where I enjoyed some fresh prawns just as the sun was setting.

PLACE YOUR AD HERE

Do you have a story to tell us? An interest to share? Questions or Concerns?

We are always looking for stories to feature in our MSBCA newsletter!

Send your questions,
comments or articles to:
editor@msbca.ca

Note: the newsletter is a monthly publication.

Club House Rental

Holding a meeting, presentation or social event?

For more inquiries, contact

One of the Committee Members

#301, 114 - 3 Ave SW

Calgary AB T2P 0E7

Rental Rates & Terms (with effect 1 May 2006):

Rental Hours: 9 am to midnight

Members (including sound system):

Mon-Fri: \$132

Sat-Sun, Holidays: \$165

Non-members (excluding sound system):

Mon-Fri: \$180

Sat-Sun, Holidays: \$220

An additional \$100 is chargeable for the use of the sound system

Damage Deposit *Mandatory for ALL (refundable if there is no damage or loss to property):

- Building \$100
- Sound system \$400

With immediate effect, there will be a cleaning surcharge of \$50.00 if the clubhouse is not properly cleaned after each rental. If applicable, this will be deducted from the damage deposit.