

PRESIDENT'S MESSAGE



TONY QUEK
郭長基

The cold and wet weather has dampened many moods in late May. For those who had already planted their gardens, it is a chore to make sure the tender plants are protected.

For the golfers, they have to stay at the driving range a week longer to perfect their swings before teeing off on the green. As for me, I will be reeling in my first pickerel of this year in a couple of weeks.

MSBCA's May 15th cultural night had a smaller crowd this year. We did it with our very own dancers. The group from the Ji Hong Wushu and Taichi College came for a demonstration. Thanks to the kind offer from Megan and all the students. The night went smoothly with help from Desmond, Philip, Vena and Jesse in the kitchen. They looked after the drink counter and dished out the ice ka-chang donated by Jesse. This successful event is incomplete without the mention of John and Kai who worked very hard in planning and organizing. My thanks also go to Yeuchuan to finalize the receipts from the 11 vendors of Asian dishes, desserts and goodies. Last but not least, the funny emcee, Michael who made us laughed all night. We were honored with the presence of Messer Mohd Hassan Bal (Consul General of Malaysia) and Gilbert Ho (President of Malaysia Canada Business Council). They flew over from Vancouver. Our friends from CISC and Sino-Chinese Association also came.

At this stage, we should start thinking of the next big event for MSBCA. The AGM is the last big event for this year's committee and also an important event, for which the new committee will be elected. I wish to see more new blood serving in the committee for the new term. For those who are comfortable as by-standers for many years but wish to contribute ideas and make changes, this is a very good opportunity to have that hands-on experience! MSBCA is a great place to make friends and to work as a team.

With warmer weather, we plan to have as many hikes in the mountains this summer as we can. Some destinations may include fishing in the lakes! For a few of us, killing two birds with one stone works well. Breathe in the mountain fresh air and eat the freshly cooked fish, what's better than that?

MSBCA is one of the participants in the celebration of the 100th Anniversary of Chinatown in Calgary. The kick-off parade falls on June 13th. I hope many of our members will step forward to represent MSBCA. This is a great opportunity to show case MSBCA and you should be having fun with it.

I will be away in July/August, traveling in Asia with my family. I wish to delegate my MSBCA duties to John Chin, VP Malaysia. I will share some pictures with you when I get back.

Enjoy the sunshine and the nice weather when it arrives. Take care of yourself and be happy.

Tony Quek

In this month's issue:

- 3 >> Treasurer Talks
MSBCA Dance Group Update
- 4 >> Badminton Session
Chi Kung Practice
OMNI TV
MSBCA Wants You!
Father's Day Paintballing
- 5 >> Upcoming Events
Upcoming Sunday Lunch
Seafood Night Details
- 6 >> Cultural Night Highlights
- 8 >> Photo of the Month

Calgary Chinatown Centennial Celebration

This year, 2010, is the 100 anniversary of Calgary Chinatown.

In 1910, a few of our Chinese pioneers settled down in Calgary after the completion of Pacific Railway in early twentieth century, and then the Calgary Chinatown was set up in downtown Calgary.

To commemorate 100 years history of Chinatown and build a bright future for our Calgary Chinese, the Calgary Chinatown Centennial Celebration Committee(CCCCC) is planning to organize a series of events including a big parade, a Multicultural Night, a Photo Exhibition, an Arts Exhibition, a Family/Senior Days and a Banquet to mark the occasion.

MSBCA will participate in the Grand opening parade and performances on Sunday, June 13.

Parade will start at 10:30 AM for 30 minutes followed by their performance.

Click here to the event poster.

the editorial

MSBCA COMMITTEE MEMBERS 2009/2010

President / Sports

Tony Quek403-239-7438
chongkeequek@shaw.ca

VP Malaysia

John Chin403-400-2272
johnchinkk@yahoo.com

VP Singapore

Vena Palmer403-695-5993
Venalee@mac.com

VP Brunei

Chong Hin Quek403-239-3150
chong-hin.quek@calgary.ca

Secretary/ Membership Director

Pei Lee Chin403-973-5833
chinpl06@gmail.com

Treasurer

Yeuchuan Choo
treasurer@msbca.ca

General Committee:

committee@msbca.ca
Cynthia Tung403-289-6625
Desmond Ding
Patrick Teoh403-816-1898
Kai Loo

Editor

Tracey Bong403-669-9094
editor@msbca.ca

Webmaster

Tiffany Bong
msbcaocalgary@gmail.com

Past President/Advisor

Adeline Chan403-263-3883
chantel888@gmail.com

MSBCA Mailing address:

#301, 114-3rd Ave SW
Calgary, AB T2P 0E7
Tel/fax: 403.289.7711

Membership Renewal? Change Member Info?

Please contact Pei Lee Chin at
membership@msbca.ca
to keep your details current!

I had the pleasure of going to two weddings in May. One in Vancouver, which was on top of Grouse Mountain. Beautiful, small wedding that had an amazing view of Vancouver and area. The other wedding was in Toronto! A bit of traveling for May but it was worth it. The wedding in Toronto was probably one of the



best weddings that I've been to yet! The night was filled with laughter, entertainment and it was a great venue too. It was definitely a very fun wedding to be at.

Well it was my first time visiting Toronto. I went during May long weekend plus a few days extra, but it still wasn't enough time really. Because of the wedding, my friends, also first timers, didn't get to do as much sight seeing as we could.



We rented a condo downtown, which was right across from the CN Tower so that was really cool. We got to go the Harbour Front. I got to see Dundas Square – their imitation of Times Square in New York (it's nice but it doesn't compare to NY). We went to Yorkville and I love how that area has so many rooftop patios! That's what Calgary needs more of, rooftop patios, doesn't matter how short our summers are!



The Kensington in Toronto goes on for a few blocks, unlike Calgary's Kensington. The one in Toronto is more Latino oriented and has a lot of cool boutiques and shops where you can find unique, one-of-a-kind items.

There was a lot of walking around; we walked on Queen Street, Yonge Street, King Street. There is a lot of good restaurants, clothing stores and fun clubs and pubs to check out along those streets.

The wedding ceremony was at the Arta Gallery in the Distillery District, a funky, cool, artsy area. The reception was at the Eglinton Grand, an old theatre.



I had a great time and some unforgettable eats. There are definitely a ton of things to do in Toronto, so I'll have to make another visit back sometime in the future to go see some more!

treasurer's corner

MSBCA Dance Group Update



Story by Jade Tarbet

Another MSBCA Cultural Night is complete and we hope you had a great time at the event. If you were there, you would have seen a number of your members performing as part of the MSBCA Dance Group. You should have seen flashing sequined costumes, lots of twirling bodies and something that all Dance Group members do, flashing smiles showing how much fun they are having.

The Dance Group has been performing for MSBCA events for over 5 years now, and with each year passing, more and more members are joining the Dance Group to have some companionship, physical fitness, food and smiles.

You can't help but smile when you get to practice with fellow MSBCA members.

You can't help but smile when you all get together every week to practice your dance moves but also to enjoy authentic home-cooked SE Asian food provided by the Dance Group volunteers.



2010 MSBCA Cultural Night - Pasar Malam

	Revenue	Expense
Ticket Sales and Raffles		
Ticket Sales	\$4,447.85	
50/50 Draw - MSBCA's share	\$279.00	
Subtotal	\$4,726.85	
Rental of Club's Equipment		
Chaffing trays - 2 to Shanti James	\$10.00	
Rice cooker - Shyut Moi Chong	\$5.00	
Subtotal	\$15.00	
Facility Rental		
Beddington Heights Community Hall		\$1,218.00
DJ service (Peter Yong and Co)		\$945.00
Subtotal	\$2,163.00	
Decoration, Ticket, Licenses, Drinks, Prizes		
Decorations		\$24.71
Ticket printing		\$92.40
Licences - Raffle Draw		\$31.50
Licences - Liquor		\$26.99
50/50 and drink coupons		\$17.84
Wine/beer/pop/water		\$397.83
Door Prizes		\$299.46
Subtotal	\$890.73	
Food Vendors		
Shyut Moi		\$223
Swani		\$450
Geraldine		\$234
Pei Lee		\$29
Shanti		\$386
Lilipat		\$172
JooTeh		\$200
Pelina		\$749
Rudy		\$421
Jade		\$684
Subtotal	\$3,548.00	
Total	\$4,741.85	\$6,601.73
Net		-\$1,859.88

You can't help but smile when you are part of a Dance Group that has been invited to perform for cross cultural events throughout Calgary such as the Cross Gala Performance with Ed Stelmach, Multi Cultural Night performances with the Minister of Culture, South East Asia Fundraising performances with MLA Wayne Cao and MLA Teresa Woo Paw and Cultural events with Minister Jim Prentice.

We've also helped raise funds for the fight for breast cancer at the Calgary Dragon Boat festival and countless Cultural Nights put on by our sister community associations like the Thai, Indonesian and Chinese Associations. As well, we are going to perform at the 100th Anniversary celebration of Calgary's Chinatown.

It doesn't take much time to be a Dance Group member but you find yourself drawn into this band of smiling people because of their enthusiasm for life, their pleasure in each other's company and their desire to spread the word about SE Asian culture.

So if you are looking for some fun, friends old and new and want to help promote our cultures, why not join? It's free if you are a member and you are always welcome. Come on out and see what you are missing!

sports/recreation

MSBCA Spring / Summer 2010 Badminton Schedule



Join us this spring/summer season for another session of badminton! Bring your whole family/friends and get active, have some fun and enjoy a great game of badminton..

Spring session starts:

Fri. Mar 26th 2010, 7:00pm, ends
Fri. Jun. 25th, 2009 10:00pm.

Venue:

Rideau Park School,
829 Rideau Road, SW
Calgary, AB – (403) 777 7480

The dates are:

March 26;
April 02, 09, 16, 23, 30;
May 28*;
June 01, 04, 11, 15, 18 and 25.

[* Only date available due to school play Alice in Wonderland]

Fees:

Single\$52
Double\$104,
Family\$156
Drop-in/Non-Member....\$5/\$7
For kids under 12, Free.

Please contact Tony Quek at:
(403) 239 7438 or
chongkeequek@shaw.ca to register

Shuttlecocks and nets are provided.
Bring your court shoe, badminton racquet and your spirit to support this program.

MSBCA Needs You



Recruitment for membership 2010

Membership Fee-Annual
(Jan 2010 to Dec 2010)

Single\$15

Family.....\$25

Lifetime.....\$250

Have you renewed?

Can you recruit?

We would love to hear from you!

email: membership@msbca.ca

We would like to welcome Ms. Marie Lau, our newest member, to the MSBCA.

We would like to acknowledge OMNI's support for CN 2010!



OMNI has three news shows from Monday to Friday. The news shows provide updates on local, national and international current affairs that interest to specific ethnic groups:

Mandarin edition: 5:00 pm - 5:30 pm
English edition (for the South Asian community): 8:00 - 9:00 pm
Cantonese edition: 9:00 pm - 10:00 pm

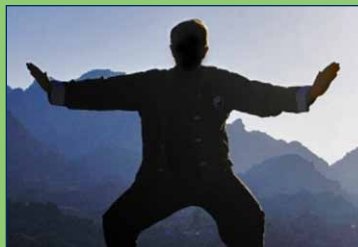
How to access OMNI program: If you are with Telus, OMNI is on Channel 5; if you are with Shaw Cable, OMNI is on Channel 4

We also have about 20 language shows available. For detail, please visit: www.omniab.ca

Chi Kung Practice

On weekly basis every Sunday at the clubhouse
10:30am

No fees. All welcome.



Father's Day Paintball Session - Sunday June 20

Join us for some good old fashioned "boys" fun. Starting at about 10:30am. It's in Cochrane - for the location check: www.capturetheflag.com. Food is also provided for free. For men only.

Please contact Tony Quek: (403) 239-7438

-----MSBCA CALENDAR----- of events proposed for 2009-2010

Please note that some dates are still to be announced and that the events/ functions are not limited to this list. If you have any event ideas, bring them forward!

June 2010

- 6th - Sunday Lunch
- 19th - Seafood Dinner
- 20th - Father's Day Paintball

July 2010

- TBA - Sunday Lunch

August 2010

- 21st - Volunteer Appreciation Picnic



SUNDAY LUNCH

Clubhouse

June 6, 2010

12 noon to 2pm

Serving:

Singapore Laksa

Cooks:

Adeline Chan



Price:

Member \$8.00

Non-member : \$8.50

Contact:

Jill Heng

(403) 686 8448

or

Adeline Chan

(403) 263 3883

Please register as we need to know how much to cook!

MSBCA Seafood Night Saturday, June 19th, 2010 7:00 pm at the Clubhouse

TICKET PRICES

Adult: Member \$25.00 / Non-Member \$30.00

Limited Seating: 70 seats capacity (7 persons/table)

Contact one of us to book your seat:

Tony Quek (403) 239 7438;

Joo Teh (403) 547 6947

Michael Lo (403) 686 7107

Rudy Widya (403) 248 1200

Menu:

- (1) White Rice (self service)
- (2) Mussels
- (3) Kepiting Saos Padang (Crab)
- (4) Fish Maw Soup
- (5) Sambal Prawn
- (6) Baked Salmon
- (7) Snow Pea Scallop
- (8) Desserts

CN highlights

MSBCA's Cultural Night May 2010



Story by Chloe Tarbet
Photos by: Bin Wu, Stanley Vong,
Gordon and Paul Teoh

The 21st anniversary of MSBCA's Cultural Night was a smashing success. From the bright colors of the dancers' costumes to the rich and spicy flavors of the Asian cuisine, this year's Cultural Night entertained people of all ages. The unique atmosphere attracted people of different backgrounds to the Beddington Heights Community Centre to celebrate our heritage and culture together.

The emcee, Michael Lo kicked off the night with a wonderful introduction of the celebration. He kept us laughing with his great jokes from the beginning to the end of the night. It was then time for the MSBCA dancers. From the Chinese fan dance to the Indian Jai Ho dance, the MSBCA dancers wowed everyone with their colorful costumes and graceful rhythm. Another special addition to the dance performances was the new dance group "Young at Heart" that performed one of the popular oldies "Yau Yau". We even had a special guest star come out to show us her dance moves: Clara Vong! At the age of 2, Clara had a solo on the stage and won the hearts of the crowd. She is sure to be a rising star and a future member of the MSBCA dance group!

The Martial Arts group, Wu Shui, also had a chance to show off their amazing talent. The high jumps and kicks along with their graceful hand and foot work amazed the audience and caused many jaws to

drop with awe. The MSBCA President, Tony Quek, also surprised everyone with his solo Iban's Igajat Dance and certainly received many loud cheers and whistles.

There is only one word to describe the food: "Mmmmm!" (Although that's not actually a word). There was a lot of choice with the many food vendors set up around the community centre. The food available for people to buy included Thai beef curry, ayam merah, satay, cendol, bubur cha cha, rojak and much more! It was certainly the best of the best home cooking!

Cultural Night has been such a hit over the past two decades that we were honored with the arrival of many VIPs. All the way from Vancouver, there was Consul General of Malaysia, Encik Modh Hassan Bal as well as the President of Malaysia Canada Business Council, Mr. Gilbert Ho. From Calgary, the President of CISC, Alam and VP, Halim. Mr. Paul Jien, the President of the Sina-Chinese Association, and his wife Vicky also joined us in our celebration. And last but



job helping coordinate the night. Their primary objectives were to not overburden our members to achieve the best night while also maintaining a relaxed atmosphere, to give back to the members, to have members happy to participate in selling their food and to make a profit, and to make Cultural Night a fun evening with a smaller crowd and shorter program. OMNI TV was even there to capture and broadcast the results of everyone's hard work: the fantastic Cultural Night celebration!

If you couldn't make it to Cultural Night this year, be sure to attend next year. Because every year Cultural Night is



not least, MLA Wayne and Kim Cao also joined us for desserts and some dancing on the dance floor.

Many thanks go out to all the volunteers that helped make Cultural Night such a success. The CN committee, Tony Quek, Kai Loo, and John Chin, did a wonderful

a great evening filled with entertainment, fun, and good food! And the 21st anniversary was certainly all that and much more!

Check out the MSBCA's website video gallery for OMNI TV's video clip of this year's Cultural Night.

CN highlights



Advertise with Us!

small: (2.25" X 3.0")

- \$15/month

med: (5.0" X 3.0")

- \$30/month

banner: (7.75" X 2.75")

- \$45/month

half page: (7.75" X 5.0")

- \$50/month

MSBCA Newsletter has a readership of about 200 families & organizations.

CONTACT:

editor@msbca.ca

Send your questions,
comments or articles to:
editor@msbca.ca

Photo of the month



Photo by Tracey Bong. A ride on the Aqua Bus to Granville Island Public Market in Vancouver BC on beautiful, sunny afternoon. May 2010.



Renovations Made Easy

- Granite
- Hardwood
- Cabinetry
- Tiles

At Zen Living we strive to be your one stop shop for all your Kitchen/Bath renovation needs. Get your Dream Kitchen today.

Why have someone buy it for you, when Zen can Build it for you!



www.zen-living.ca

Visit our Showroom at 3405 32nd St. NE
Contact Us at 403-720-1928