

PRESIDENT'S MESSAGE



TONY QUEK
郭長基

The Calgary Chinatown Centennial Celebration kicked off with a parade in the morning of June 13th, 2010. Many MSBCA members and dancers put on the costumes of our countries of origin to partake in this event. My thanks to John Chin and Jade Tarbet in coordinating the event for MSBCA and all the dancers to show casing our ethnic dances to the public. It was a warm and sunny day for many associations to gather for fun and an historic day in Chinatown in Calgary.

We have seen so much natural destruction caused by the flood in Quebec and Manitoba in the last few months. In Medicine Hat, Alberta, the damage cost millions of dollar and the loss of livelihood for some farmers. The rise of river levels caused by the melting of snow in the mountains plus the torrential rains will provide such unforeseeable forces. It is safe to take every precaution when you're in the water running down the rivers!

The G8 Summit in Toronto last week caused some unrest from the protester at large. It is interesting to see what the powerhouse can do to revise the global economy. The leaders of the G8 had set the target to curd country's debt and the

commitment to help the poorer countries. And soon, they will be working for the G20! If we have an UN, isn't it much cheaper to talk and work together in that organization?

Summer 2010 is going to be hot and dry with many mosquitoes flying around. Please take protection from the sun and the West Nile when you are enjoying outdoor activities. MSBCA will organize a few hikes on the weekends and I hope many of you will join in for the exercise, fresh mountain air and to catch a few fish in the mountain lakes. My family and I will be away in Asia in early July to mid August this year. There will be hike leaders assigned during those months. Please check the MSBCA's webpage for updates and schedules.

MSBCA's badminton has come to a close on June 25th and the decision by this term's committee is there will be no badminton planned for this fall. It would be back after the new committee takes up the helm in October. It is a good family oriented program and I'm sorry to see it ended due to cost overrun and lack of support from our own members who love to play badminton.

Summer will be a slow season for MSBCA and we all have our own plan to enjoy the warm weather. Play safe and have a good time.

Happy trails and keep smiling!
Tony Quek

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Don't put off living to next week, next month, next year or next decade. The only time you're ever living is in this moment.

"And in the end, it's not the years in your life that count. It's the life in your years." - Abraham Lincoln

"Yesterday is history, tomorrow is a mystery. And today? Today is a gift. That's why we call it the present." - B. Olatunji

"At first dreams seem impossible, then improbable, then inevitable." - Christopher Reeve

"If we all did the things we are capable of doing, we would literally astound ourselves." - Thomas A. Edison

Quotes taken from: <http://celestinechua.com/blog/2009/06/101-most-inspiring-quotes-of-all-time/>

the editorial

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Membership Renewal? Change Member Info?

Please contact Pei Lee Chin at
membership@msbca.ca
to keep your details current!

Well, summer has finally arrived! That only means we have to make the most out of each hot and sunny day before summer passes before our eyes with just a snap of a finger.

I've already gotten a chance to go hiking at Troll Falls in Kananaskis. I also went floating down the Elbow River.



And there is lots more fun summer stuff to come: Calgary Stampede, rollerblading, biking, MSBCA Annual Volunteer Picnic, more hiking, more floating, BBQs and more. I'll be going to Vegas next week and Playa del Carmen in August for



my best friend's wedding! My summer is going to be super packed and I'm super excited!

I encourage each of you to get outdoors and have some fun! If you haven't gone floating down the Elbow River, or the Bow River I highly recommend it! However, there are some safety rules and guidelines that one should know before heading out into the waters. Also, with all the recent rain, the water is really good for a nice float.

Elbow River is shallower so it's good for your first time. I haven't personally been on the Bow but it's a bit faster and deeper. You will need to have a lifejacket on at all times for both places (or there's a fine if they catch you without one). Get a good quality raft from any Canadian Tire, Wal-Mart or you can rent rafts from the University of Calgary or and shop with raft rentals. You should have some oars as well to maneuver around the lake. They have rafts from 1 to 8 persons (party raft).

See the map (pg. 3) for where to start and where to get off. You will need two vehicles, or however many people you have going with you, you can organize carpooling. You will have to drop off one of your vehicles at the end where you plan to get off. It can be either Stanley Park or Lindsay Park, or anywhere in between.

For a good hour or two float (depending on how fast the water is going), start at Glenmore Athletic Park or Sandy Beach (in the same area). Bring some beverages, sunscreen, bug repellent and whatever else to help make your float fun and comfortable.

Happy and safe floating everyone!

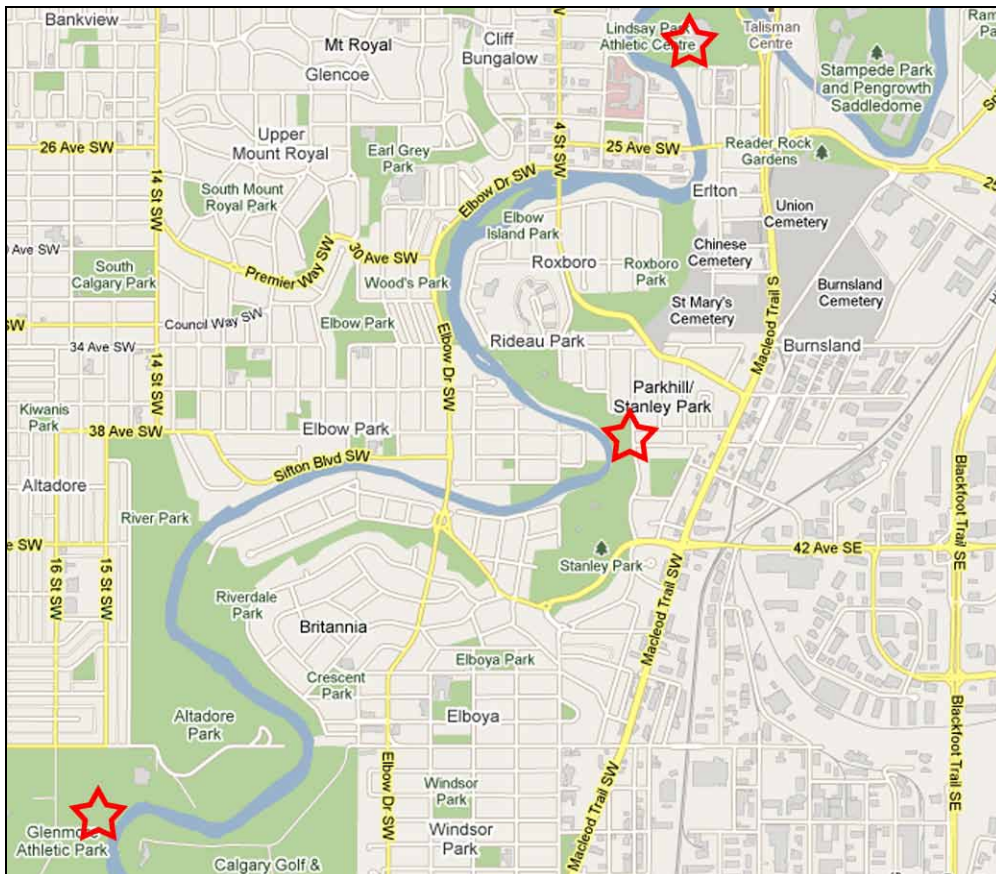


treasurer's corner

Your Sunday Lunch Support

Dates	Events	Host(s)	Revenue	Expenses	Net Revenue
31-Jan-10	Kway Teow Teng	Jill Heng, Kathy & Paul Teoh	\$432.50	\$138.00	\$294.50
07-Mar-10	Char Kuey Teow/Porridge	Joo Teh and Ee Pin	\$502.00	\$48.00	\$454.00
21-Mar-10	Spicy Indian	Shanti & Buddies	\$303.00	\$141.76	\$161.24
11-Apr-10	Nasi Lemak	Kim Roe and Melissa Cheah	\$699.00	\$279.44	\$419.56
25-Apr-10	Ayam Merah	Tony and Shyut Moi	\$607.00	\$186.00	\$421.00
05-Jun-10	Singapore Laksa	Adeline Chan and Jill Vogt	\$1,088.05	\$457.64	\$630.41
		Total	\$3,631.55	\$1,250.84	\$2,380.71

Summer Fun - Hiking and Floating (continued from editorial on page 2)



sports/recreation

Moberly Lake, BC



Photos by Pei Lee Chin

Moberly Lake is situated on the boundary between the Rocky Mountain foothills to the west and the Peace plateau to the east.



**We would like
to acknowledge
OMNI's support
for CN 2010!**



OMNI has three news shows from Monday to Friday. The news shows provide updates on local, national and international current affairs that interest to specific ethnic groups:

Mandarin edition: 5:00 pm - 5:30 pm
English edition (for the South Asian community): 8:00 - 9:00 pm
Cantonese edition: 9:00 pm - 10:00 pm

How to access OMNI program:
If you are with Telus, OMNI is on Channel 5; if you are with Shaw Cable, OMNI is on Channel 4

We also have about 20 language shows available. For detail, please visit: www.omniab.ca

MSBCA Needs You



Recruitment for membership 2010

Membership Fee-Annual
(Jan 2010 to Dec 2010)

Single\$15

Family.....\$25

Lifetime.....\$250

Have you renewed?

Can you recruit?

**We would love to hear
from you!**

email: membership@msbca.ca

Chi Kung Practice

On weekly basis **every
Sunday** at the **clubhouse**
10:30am

No fees. All welcome.



-----MSBCA CALENDAR----- of events proposed for 2009-2010

Please note that some dates are still to be announced and that the events/functions are not limited to this list. If you have any event ideas, bring them forward!

July 2010

- TBA - Day Hikes
Check website, and emails

August 2010

- 28th - Volunteer Appreciation Lunch

September 2010

- 25th - MSBCA Night

October 2010

- 9th - Annual General Meeting



SUNDAY LUNCH

Clubhouse

None for July.

Please check back for our next Sunday Lunch



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Colouring Corner

**HAPPY
CALGARY
STAMPEDING**

YEE-HAW!

Chinatown Centennial Celebration

Story and Photos by Tracey Bong

Hundreds of locals gathered in Chinatown on a beautiful hot Sunday, June 13th to witness the celebration of Calgary's Chinatown's 100 years of existence.

The day kicked off with an Opening Ceremony at the Livingston Place Plaza stage (on the west side of the Chinese Cultural Centre) at 10am. Followed by a parade at 10:30am with our very own MSBCA dancers and members, who proudly took part in the parade. Roads were closed off in Chinatown to make way for the parade participants.

Once the parade ended, everyone gathered back at the Livingston Place Plaza to watch the many performances scheduled in the program. Our MSBCA dancers performed two dances, the Sabah dance and the Joget dance.

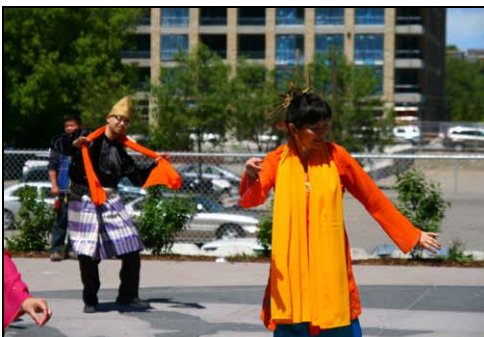
What an honour to have MSBCA be a part of a memorable moment for Calgary's Chinatown.

More photos online at www.msbc.ca



highlights

Chinatown Centennial Celebration



Advertise with Us!

small: (2.25" X 3.0")

- \$15/month

med: (5.0" X 3.0")

- \$30/month

banner: (7.75" X 2.75")

- \$45/month

half page: (7.75" X 5.0")

- \$50/month

MSBCA Newsletter has a readership of about 200 families & organizations.

CONTACT:

editor@msbca.ca

Send your questions, comments or articles to:
editor@msbca.ca

Photo of the month



Photo by Tracey Bong. A beautiful, full, spectrum, rainbow. A second, faint rainbow can be seen as well. Taken after an afternoon shower. Along Memorial Trail.

PLACE YOUR AD HERE

Do you have a story to tell us? An interest to share? Questions or Concerns?

We are always looking for stories to feature in our MSBCA newsletter!

Send your questions, comments or articles to:
editor@msbca.ca

Note: the newsletter is a monthly publication.

Club House Rental

Holding a meeting, presentation or social event?

For more inquiries, contact
One of the Committee Members

**#301, 114 - 3 Ave SW
Calgary AB T2P 0E7**

Rental Rates & Terms (with effect 1 May 2006):

Rental Hours: 9 am to midnight

Members (including sound system):

Mon-Fri: \$132

Sat-Sun, Holidays: \$165

Non-members (excluding sound system):

Mon-Fri: \$180

Sat-Sun, Holidays: \$220

An additional \$100 is chargeable for the use of the sound system

Damage Deposit *Mandatory for ALL (refundable if there is no damage or loss to property):

- Building \$100
- Sound system \$400

With immediate effect, there will be a cleaning surcharge of \$50.00 if the clubhouse is not properly cleaned after each rental. If applicable, this will be deducted from the damage deposit.