

PRESIDENT'S MESSAGE



Tony Quek
郭長基

My heart sank when the October/2009 AGM was officially opened to elect the new board of committee. The response from members stepping forward to be part of the committee was low in coming and secondly, the non-Chinese representation was nowhere to be seen. MSBCA is a multicultural club and it will be so vibrant in this community if we've a mixture of races in the committee. Our club-house is located in the center of Chinatown, but it doesn't mean MSBCA is owned and managed by Chinese only! Other associations in Chinatown have accepted us as who we're, why not our own members?

My sincere thanks to Cynthia Tung, Vena Lee, Pei Lee Chin, Chong Hin Quek and John Chin to stay on for another term and the new comers, Desmond Ding, Yeu Chuan Choo, Patrick Teoh and Kai Loo to take up the challenge and contribute to the wellness of MSBCA.

Two weeks after the AGM, I had a date with our sister club, MSSA, in Edmonton. My family and I were invited to their potluck Kawan-kawan Night. (Check the photos on Page 4).

The 2009/2010 term will face some uphill battles in keeping our spending in check without the casino fund-raising in 2010. (Just to report to you, I checked with the AGLC this week pertaining the MSBCA's proceed from the July 4/5 casino event. The lady in the office told me that we will be getting the cheque in mid November. They won't know how much at this time.) As money is tight for us this year, we therefore have initiated more in-house fund-raising events. We're hoping to see many of you patronizing our Sunday lunches, functions and other events. Your support to MSBCA will reflect in a positive account balance in our book and keep the MSBCA up and running.

Our newly formed team had a meeting immediately a week after the AGM to formulate our game plan for the year. We've drew up the programs which will be posted on the web-site in due course. Some are tentatively planned and others are to be discussed further to firm up the dates and arrangement. With that in mind, please note your calendar accordingly to attend our functions.

Lastly, I wish to encourage every one of you to have the vaccination for the H1N1. My family and I will be in line for the shot. Take good care of your health because I hope to see you all and having fun in all the MSBCA's events.

Cheers
Tony

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SUNDAY LUNCHES ARE BACK!!!

November 8, 2009

12 noon to 2pm

Clubhouse

Serving:

Kuey Teow Teng (Soup)
Penang Style



Price :

Member \$6.00

Non-member : \$6.50

the editorial

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Membership Renewal? Change Member Info?

Please contact Tracey Bong at
editor@msbca.ca
to keep your details current!

I can't believe it's already November! Malls and stores already have their Christmas decorations up! Well at least there is no snow on the ground yet.

So, with the passing of Halloween, which is one of my favorite holidays because I love to dress up (this year I was Poison Ivy), I started thinking about the many costumes out there that people could dress up as. And there are those costumes that never fail to arise year after year. For example, the ghost, the zombie, vampires... just to name a few. The one that stood out for me was the vampire.



In these last couple of years, there has been an increase in people's fascination with vampires. Think about the whole *Twilight* book series, which has now turned into a movie series. TV shows like *The Vampire Diaries*, *True Blood*, *Vampire High*, and *Blood Ties*. Before these movies and TV shows, there has been *Underworld*, *Blade*, *Buffy the Vampire Slayer*, and so on.

And it's not just in entertainment alone, the vampire has existed in the folklore of "almost all cultures," according to *The Encyclopedia of Science Fiction and Fantasy*. I still remember those Chinese vampire shows that I used to watch at night with my grandma when I was a kid. I



Jiang Shi - a Chinese Vampire

would be scared to sleep after but for some reason I couldn't stop watching them.

There has been a long time fascination with Vampires for many years now and I thought, "Why, what is it about Vampires that intrigue or fascinate us?" I did a quick search on Vampires on the Internet and there is just so much that comes up. There is so much history behind the stories of vampires and their meanings but I only have a limited amount of space to share what I found. If you find yourself intrigued, you should definitely look into the vampire culture.

I found out that there are people out there that believe they are real vampires themselves: 'self-professed vampires.' Here is just one response to the fascination of vampires, "Because they represent a side of Reality that most people don't realize actually exists. They represent magic, power and a whole supernatural world that exists right along side with our boring, ordinary one. The best part of all this, though, is that I know it's not just a fantasy. I hear stories from other vampires about dream-walking, astral projection, blowing out electrical equipment, being 'hungry', being empathic or telepathic."

Another response: "Vampires are portrayed as having incredible sex appeal, mind control (as well as all sorts of other supernatural powers), immortality, power, and endless wealth. Who wouldn't want that?"

There has been so many twists to the story and myths of a vampire nowadays, I can hardly keep up! The myths I know are, they don't like garlic, you can kill them with a wooden stake, they need to be invited in before they can enter, and that sunlight will kill them. Chinese vampires, you hold your breath if you want to hide from them, you can control them by sticking a yellow paper on their head and a bell.

Well, I just thought what I found was pretty interesting and wanted to share it with you all.

-----MSBCA CALENDAR----- of events proposed for 2009-2010

Please note that some dates are still to be announced and that the events/ functions are not limited to this list. Look out for, skiing, hikes, fishing and more in the upcoming newsletters. If you have any event ideas, bring them forward!

November 2009

- 8th - Sunday Lunch

December 2009

- 12th - Family Christmas Party
- 31st - New Year's Eve

January 2010

- TBA - Sunday Lunch

February 2010

- 19th - Chinese New Year Dinner

March 2010

- TBA - Dance to the Oldies
- TBA - Sunday Lunch

April 2010

- TBA - Seafood Night

May 2010

- 15th - Cultural Night

June 2010

- TBA - Sunday Lunch

July 2010

- TBA - Sunday Lunch

August 2010

- 21st - Volunteer Appreciation Picnic

September 2010

- 18th - MSBCA Night

October 2010

- 9th - Annual General Meeting



Mari Memasak!!



Lets have some fun and learn a new dish from our in-house expert chefs!

Check back for upcoming classes!

MSBCA

Family Christmas Party

Sat. Dec. 12, 2009
Clubhouse

Details to
come...



sports/recreation

MSBCA Fall/ Winter 2009/2010 Badminton Schedule



Join us this fall and winter season for another session of badminton! Bring your whole family/friends and get active, have some fun and enjoy a great game of badminton..

Fall/Winter session starts:

Fri. Sept. 11, 2009, 7:00pm, ends
Fri. Dec. 11, 2009 10:00pm.

Venue:

Rideau Park School,
829 Rideau Road, SW
Calgary, AB – (403) 777 7480

The dates are:

September 11, 18, 25;
October 02, 16, 23, 30;
November 06, 13, 20, 27;
December 04, 11

Fees:

Single\$52
Double\$104,
Family\$156
Drop-in/Non-Member\$5/\$7
For kids under 12,Free.

Please contact Tony Quek at:
(403) 239 7438 or
chongkeequek@shaw.ca to register

Shuttlecocks and nets are provided.
Bring your court shoe, badminton
racquet and your spirit to support
this program.

Kawang-kawang Night with MSSA Edmonton

Story and Photos by: Tony Quek



The gang of MSSA kicked off Saturday, October 17, 2009 with an early morning, friendly, badminton match at the Royal Alexandra Hospital's gym from 9 am – 11 am. It was followed by a tummy filling Chinese lunch across the street from the hospital.



My wife cooked up two trays of Ayam Merah (Red Chicken, a popular Malay dish) for the potluck gathering. We invited the family that we were staying to the party, which was held in the community hall on the north side of the Edmonton.

The party was a well prepared gathering with a crowd of 112 people. There were a variety of Asian dishes, a whole roasted pig with the head and two boxes of KFC. By 8:30 pm, the food was almost gone. The "Dance On" live band kicked off



with a few songs from the 70s and immediately the dancing shoes were going high gear on the dance floor!



I ran into a few familiar faces I hadn't seen for years. The visit was heart warming. MSSA's hospitality was beyond my expectation thanks to the president Ms. Aileen Fung, the badminton organizer, Mr. Patrick Bong, and the Event coordinator, Mr. Kiong-siak, Yeo. My family, friends and I really enjoyed ourselves. Jesse and Melissa Cheah's presence put more weight in strengthening MSBCA's partnership with MSSA.



To top thing up, I was also the winner of the 50/50 draw of \$100.00. With such a lucky day, all I can say is "Bring on more parties, MSSA. Make my day! "



"Whether we realize it or not, all of us are responsible for creating the body we live in."- Deepak Chopra

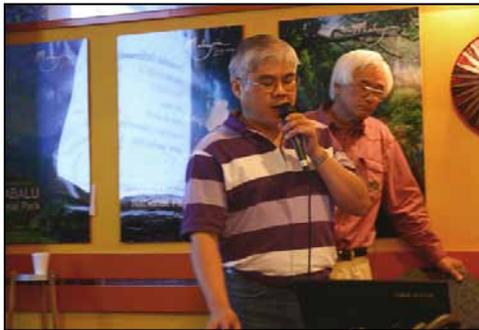
MSBCA's Annual General Meeting

Story by Shanti James
Photos by Tracey Bong

MSBCA's 20th annual general meeting was held at the clubhouse on Saturday, October 3rd 2009. Members of the outgoing executive and committee, Tony, Vena, Michael, Bettie, Chong Hin, Pei Li and myself were on hand early to set up



and organize last minute details before the meeting. Following a tasty lunch, and having the required quorum, the meeting started at noon. MC Don James called the meeting to order and outlined the agenda for the afternoon. Club President, Tony Quek gave a brief address touching on events held during the year and thanked his committee for all their hard work.



Paul Teoh, our Auditor, presented his report and the financial statements for the year. In his report, he reviewed the



activities of the club and the revenues and expenses relating to these events. Members were invited to voice their opinions and questions were taken on some of the expenses incurred. Members were told that the casino revenue for 2009 would not be as much as in previous years and the Club was prepared to cut down operating expenses accordingly.

After Paul's address, the 2008/2009 committee was officially dissolved and nominations were called for the election of the new executive and committee members. The following were elected to the new board for 2009/2010:

Executive Committee:

President..... Tony Quek
VP Malaysia John Chin
VP Singapore Vena Palmer
VP Brunei..... Chong Hin Quek
Secretary..... Pei Li Chin
Treasurer Yeuchuan Choo

General Committee:

Cynthia Tung
Desmond Ding
Patrick Teoh
Kai Loo

Look for the new committee photo in the next newsletter!



Scholastic awards were presented to our students in recognition of good results for the year. Tony Quek thanked Paul Teoh for his generosity in providing free audit-



ing services. He also thanked members in attendance for their support and confidence in him. There being no further business, the meeting was adjourned and it was off to a new year of work, fun and challenges for the new executive.



highlights

Trout Unlimited Canada Fish Rescue - Oct. 10, 2009



Crew with the gear and know how electro-fishing and netting the fish. No one other than the fish was shocked!

Story by Don James

Photos by Don James & Tony Quek

When: October 10, 2009-10-10

Where: Western Irrigation District head-works on the Bow River close to Carsland.



Bucket and tub brigade ferrying fish up the bank to measure, weigh and place in tank for transport to the Bow River.

Who: Approximately 60 volunteers (including MSBCA) organized by Trout Unlimited and Alberta Environment.

What: Rescue fish from the canal that would otherwise die over the winter because their habitat would be dry or frozen. See the photos:

Order of activities:

- Alberta Environment and Trout Unlimited install fish barrier down-

stream of the head works to trap the fish in the canal and set up data recording station.

- Everyone arrives around 8 AM. Coffee and hot chocolate provided by "Timmies"
- Dress appropriately for all weather - -8C.
- Get instructions from the boss - don't get shocked!!!.
- Set up bucket brigade to fill the fish tank.
- Those with the gear and the know how begin electro-shocking and netting fish.
- Set up buckets and tub brigade to ferry fish from the canal to tanks.
- Enroute to the tank each fish is identified by species, measured and weighed.

Why: The fishery is threatened in Alberta so the rescue is important. In addition, Trout Unlimited has several research projects to assess the health of fishery and habitat in the region.

No fish means our fresh water supply is at RISK.

Why MSBCA: MSBSC donates annually to Trout Unlimited to support their work and members are invited to assist in



Measuring a rescued trout Approximately 400 fish were rescued and returned to the Bow River. Biggest was a 2kg Rainbow Trout.

the rescue.

Results: By noon 2 passes had been made in the canal section. Approximately 400 fish were rescued and transferred to the river; 100 large Rainbow and Brown trout, Sauger and Burbot and many fingerlings and minnows.

Thanks to Tony and other MSBCA members for supporting the cause.



Hallows' Eve... msbca style

Story by Patrick Teoh
Photos by Tracey Bong



The end of October; it sparks a familiar sight all across Calgary. People from all walks and places celebrate one of the most unusual days of the year on Halloween. In keeping with the tradition, the MSBCA was no different and held its

the variety of backgrounds and creative insanities we have here within the Club!

There was also the “Mystery” game where willing (and sometimes unwilling) victims soon found out they were to feel their way through a house of terror! The results became more hilarious than scary as we observed blinded contestants squeezing the blood and juices out of the raw liver and guessing it to be jello/jello juice! Note – Jello has no juice. Everyone washed their hands promptly.

The kids (and soon the adults) also found themselves in the classical activity of bobbing for apples, where participants would use only their mouths to fish apples out of water tubs for a prize! The kids had a



erupting into a strangely fitting breakout dance session. Like true Halloweeners, members jived to classic Halloween fare such as the Bee Gees and the Chicken Dance.



Vena and I would like to thank Jill Vogt, Jade Tarbet, and Adrine Chong for their determined efforts in putting up the decorations for the party.

Also a quick shout out to the Chinese Heritage Language Society of Canada for lending us their help and decorations that added to the décor of the night.

And of course, the biggest thanks goes to YOU for making this event a success! The night would have been impossible without you and I hope you enjoyed the night as much as I did! See you next time!



annual party at the Clubhouse on the evening of Friday, October 30th.

After eating delicacies brought by all members for the potluck (whether it be Halloween or just a Sunday Lunch, the food of MSBCA will always be unrivalled!), the remainder of the night was filled with activities for all ages and the atmosphere was wild.

The night started off with pumpkin carving where everybody participated in carving some spectacular and one-of-a-kind designs. Every pumpkin was unique, hilarious, and really represented

great time... which could be illustrated by one poor father having to eat three apples so the kid could keep fishing – a proud display of the compassionate and determined nature of the MSBCA member.

Alas, the night was to come to an end eventually, but not before spontaneously



Do you have a story to tell us? An interest to share? Questions or Concerns?

We are always looking for stories to feature in our MSBCA newsletter!

Send your questions, comments or articles to:
editor@msbca.ca

Note: the newsletter is a monthly publication.

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half page: (7.75" X 5.0")

- \$50/month

MSBCA Newsletter has a readership of about 200 families & organizations.

CONTACT:

editor@msbca.ca

Photo of the month



Photo by Tracey Bong. Downtown Manhattan in New York City. A city filled with beautiful, giant skyscrapers.

Club House Rental

Holding a meeting, presentation or social event?

For more inquiries, contact
One of the Committee Members

Rental Rates & Terms (with effect 1 May 2006):

Rental Hours: 9 am to midnight

Members (including sound system):

Mon-Fri: \$132

Sat-Sun, Holidays: \$165

Non-members (excluding sound system):

Mon-Fri: \$180

Sat-Sun, Holidays: \$220

An additional \$100 is chargeable for the use of the sound system

Damage Deposit *Mandatory for ALL (refundable if there is no damage or loss to property):

- Building \$100
- Sound system \$400

With immediate effect, there will be a cleaning surcharge of \$50.00 if the clubhouse is not properly cleaned after each rental. If applicable, this will be deducted from the damage deposit.

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