

## PRESIDENT'S MESSAGE



TONY QUEK  
郭長基

MSBCA's 20<sup>th</sup> anniversary is approaching sooner than I can imagine. The idea to celebrate this huge event set root since last year. There is a Cultural Night sub-committee formed and

lead by Stanley Vong and Jade Tabet, Peter Chai, Shanti James, Tracey Bong and Jesse Cheah. Not to mention, in the background, supported by Bettie Lim, Michael Lo as well as all the dancers and performers. Also, there is a choir group formed by our talented organizer, Adeline Chan. This will be so much different from the prior year of Beddington Heights Community Hall. This year, it is at the Glenmore Christian Academy which consists of a large gym where the food is and a theatre with excellent acoustic effect. If you have not bought your tickets yet, hurry! For those who are coming, please be on time. The door will be open right at 6:00pm and the steamy hot, South East Asian food will be served for your enjoyment right away. Please check the posted map for directions.

My team of committee members and I are ready to welcome each and every one of you with open arms to celebrate the big day for MSBCA. To those who founded this club, all the executive and committee members who followed their foot step, my heartfelt thanks. MSBCA belongs to all the members. It is wonderful to see we are able to come together to share and enjoy what we're used to back where we came from and with others not from the

countries of origin. I hope this spirit and energy will keep on forever!

MSBCA is special to me. Many of our fellow members and I share the same interests. It is a place for me to introduce my children to the culture and the food of the region where I grew up. It is also a place to meet new friends. I'm fortunate to be re-united with a long lost friend for 40 years at the AGM dinner many years ago in Calgary. Mr. L C, See was in town on job assignment from Toronto and he is the brother-in-law of Peter Chai. See and I were classmates in Form 3 in St. George's School in Bandar. He left for New Brunswick for his university after Form 5 in 1969 and that was when the line of connection started breaking off. We now constantly keep in touch with one another. If I were not at that AGM, I will still be looking for him. Our friendship is unconditional and long lasting.

I wish to take this opportunity to express my gratitude to our past member, Mrs. Sybil Yeoh who passed away at age 83 in Calgary. I went to her memorial service on behalf of MSBCA. Sybil is special to me because I once won the MSBCA badminton trophy named after her with my friend John Soo. I had never met Sybil or her family until today at the Kerby Centre where she did volunteer work. She was a kind, lively, energetic and fun loving lady. I found out she also played a lot of badminton when she was young. Sybil was the beloved mother of Monica and the mother-in-law of MSBCA past president Mr. Lawrence Low. Sybil will be greatly missed.

- Tony Quek

### In this month's issue:

- 3 >> Upcoming Events
  - Cultural Night 2009
  - MSBCA Golf Tournament
  - CN Media Coverage
- 4 >> Folk Dancing
  - Chi Exercise Opportunity
  - Casino Volunteers
  - Fishing with MSSA
- 5 >> Easter Party Highlights
- 6 >> Cultural Night Celebration Details
- 7 >> First Tech Challenge Winner
- 8 >> Club Rental Prices
- Photo of the Month

**20th Anniversary**  
**Cultural Night**  
**Celebration**  
**"Di Bawah Bintang**  
**Bintang"**  
**Saturday.**  
**May 23, 2009**  
**Doors Open at 6pm**  
**Food served immediately**  
**Show Starts at 8pm**  
*See page 3 & 6 for more event details!*

**"It is not enough to fight for the land; it is even more important to enjoy it. While you can. While it's still here."**

—Edward Abbey

# the editorial

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## Membership Renewal? Change Member Info?

Please contact Tracey Bong at  
editor@msbca.ca  
to keep your details current!

I just want to mention that I have had the pleasure of working with Jade Tabet, Jesse Cheah, Peter Chai and Stanley Vong on the preparations for the upcoming Cultural Night celebration! Seems like we've just started planning a month ago because time has just passed by so quickly. However we have made a lot of progress and just finalizing a few items now, and getting excited for the big day!

This is my first time sitting on a committee to organize such a big event like this and I can say I've learned a lot so far. Takes a lot of work, time and effort, and meetings to put on a great show! There are also the dancers and other volunteers that without them, this show would not be possible. I know how difficult it can be to find helpers and volunteers because of school or work or personal commitments but I think the pay off will be rewarding in the end.

So thanks for those who have come forward to lend a helping hand. If you're interested in helping out, it's not too late, please do contact myself, or one of the other Cultural Night Committee members. There's always something that needs taking care of.

Well it's all about balance right? A few more weeks and then it is show time. I hope you all have bought your tickets. If not, buy them soon to show your MSBCA spirit and support! (see page 3 & 6).

So, it looks like the spring cold spell has come and gone. \*Cross my fingers\* hope it stays away until winter! I can't wait whip out my sandals and feel the warm sun on my cheeks. I am really done with the cold.

I got the chance to go the Mexico early April. We went to Playa del Carmen and Cancun for 5 days. We were there to hunt for a resort to hold my best friend's wedding. Luckily we just missed the whole flu crisis that is going on in Mexico City and the surrounding area right now. I did go to my family doctor for a check up just to be on the safe side and everything is okay.

I had a really good time in Mexico. It was relaxing, hot and was in good company. Playa del Carmen is such a nice area. Has a little bit of everything for everyone. It was intimate, not as big of a tourist trap as Cancun, and still had lots of fun things to do and a great nightlife.

Hopefully this "swine" flu gets cleared up soon, so people can go back to enjoying Mexico without worrying about catching something that is potentially deadly.

*Tracey Bong*



-----MSBCA CALENDAR  
of events-----



**May 2009**

- 7, 9, 10 - Chi Exercise
- 23<sup>rd</sup> - Cultural Night
- 31<sup>st</sup> - Mari Memasak


**June 2009**

- 5<sup>th</sup> - 7<sup>th</sup> - MSBCA / MSSA Fishing Trip
- 20<sup>th</sup> - MSBCA Golf Tournament

**July 2009**

- 3<sup>rd</sup> - Stampede Brunch
- 4<sup>th</sup> - 5<sup>th</sup> - Casino Fund - Volunteer

## Mari Memasak!!



**Lets have some fun and learn a new dish from our in-house expert chefs!**

May 31st, 2:30pm, clubhouse

Prawn Sambal  
Bubur Cha Cha

Please contact Jill Heng to register  
@ 403 686 8448 by May 27 2009

## MSBCA Golf Tournament 2009

**Saturday, June 20th, 2009 at 1:00 pm**  
**Fox Hollow Golf Course**  
999 - 32 Ave N.E. Calgary

**Cost:** \$79 / Person


**What is included?** 18 holes of golf, BBQ Steak Dinner and Fabulous Prizes

**Tournament Format:** Texas Scramble (Best Ball)

**Skill Level:** Beginner to Expert

**Deadline for Registration:** May 31st, 2009

Space is limited to only 40 players  
- Please email Michael Lo at [michaello1@shaw.ca](mailto:michaello1@shaw.ca) or call (403) 512-1554 ASAP to register.




## MSBCA 20th Anniversary Cultural Night Celebration

*"Di Bawah Bintang Bintang"*

Dress your best for a night under the stars!

This year is going to be extra special. There will be media coverage and everything! Be on time to get your food hot and fresh!






*Media Coverage*

**More on Page 6**

# sports/recreation

## MSBCA Winter 2009 Badminton Schedule



MSBCA has secured the booking of Ernest Manning & Henry Wise Wood High Schools - in the main gym for the winter 2009 session of badminton.

### Winter session starts:

Fri. Feb. 20, 2009, 7:00pm, ends  
Fri. Jun. 5, 2009 10:00pm.

### Venue:

Ernest Manning High School

### The dates are:

April 03/17/24,  
May 01/08/15/22/29, June 05

### Fees:

Single .....	\$56
Double .....	\$112,
Family .....	\$168
Drop-in/Non-Member ....	\$5/\$7
For kids under 12, .....	Free.

Please contact Tony Quek at:  
(403) 239 7438 for details and registration..

## EXCLUSIVE CHI EXERCISE



For those who have indicated their interest in the classes and for those who would like to find out a little more of chi kung, please join us on the following dates :-

### Thursday May 7th

Time: 6.30pm

Venue: Clubhouse (or if its not available we will go to the open air)

### Saturday May 9th

Time: 9.30am (Morning)

Venue: Clubhouse/at the riverbanks of Bow River (found a niche for this)

### Sunday May 10th

Time: 10.30am (Morning)

Venue: Clubhouse / at the riverbanks of Bow River

*(Note: The classes are packed tight for a reason but after this you all can decide)*

Thanks and see you there.

To register, please email Pei Lee at:

Email: chinpl06@gmail.com or

Call: 403-973 5833.

### Benefits of Chi Exercise

**Improves blood circulation and lowers blood pressure.** Adopting the proper breathing techniques produces a higher oxygen intake leading to improved blood circulation and delivery of oxygen especially to the extremities.

View more benefits of Chi at:  
[www.chidynamics.org.my](http://www.chidynamics.org.my)

A Joint operation  
between MSBCA / MSSA:

To land your big Lunker!

What: Fishing

Dates: June 5 to 7

Place: Slave Lake, Alberta

Type of fish: Walleye (pickerel),  
pike and perch

Accommodation: Cabin or  
tenting

Transportation: Car and boat

Call/E-mail Tony Quek for more  
details: 403-239-7438 or  
[chongkeequek@shaw.ca](mailto:chongkeequek@shaw.ca)

This is part of the co-operation  
between our clubs and if our  
members can join together  
having fun, then we've reached  
our goals.

## FOLK DANCING & LINE DANCING



There will be  
Folk dancing  
and line  
dancing every

**Wednesday  
night from  
7pm - 8:45 pm**

Please call **Adrine Chong** to  
register by cell: (403) 973-8338  
or email:  
[adrinecfl@hotmail.com](mailto:adrinecfl@hotmail.com).

We dance to Chinese traditional  
and pop music. Dancing is a fun  
way to stay fit, and  
meet new friends.

You do not require a  
partner to join.

## CASINO FUND VOLUNTEERS WANTED

JULY 4 & 5

Looking for Cashiers, Chip  
Runners, Money Counters  
& other positions

CALL JESSE CHEAH TO  
VOLUNTEER - 403.880.8885

# highlights

## MSBCA Family Easter Potluck Party

At the beginning there were only 2 families, we wondered if we should still hold the event at the clubhouse. By Friday, 3 more families signed up and another on Saturday morning! So altogether, we had a party of 27 including Vena who came to help Pei Lee and Bettie. But the more we planned the more enthusiastic we got and voila! A party was made.



That was an energetic group of 'easter bunnies', the Easter Egg hunt started with a bang and most of the eggs were found, we think.

Everyone was generous with sharing their food



Since it was a cozy group we formed 3 teams to build the most creative structure with Styrofoam cups, plates, bowls and assortment of craft materials. Everyone from the young at heart and the young

MAY 2009



all participated and the pictures show the results of the effort of each team.

The winner is the group comprising Joy, Sam, Billy, Tommy, Harry and Shannon to create what looked like a robot with a cape. All the kids got more chocolates than their parents would have liked but hey it is Easter!



We had a round of 'Taboo'. It was close to 7pm when everybody got together and helped to clear the tables, chairs and had the floor swept in a record 15 minutes, many hands make light work! It was quite amazing to see how everybody chipped in to help. We happily went home by 7.20pm.

Thank you to all who came - it was a lovely afternoon of food, fun and making friends! *From Pei Lee, Vena and Bettie!*



## Sneak Peek Behind the Scenes



Hand made decorations - Bunga Manggar



New costumes for new dances

MALAYSIAN SINGAPOREAN BRUNEIAN COMMUNITY ASSOCIATION PRESENTS

# CULTURAL NIGHT '09

"Di Bawah Bintang Bintang"  
"Under the Stars"

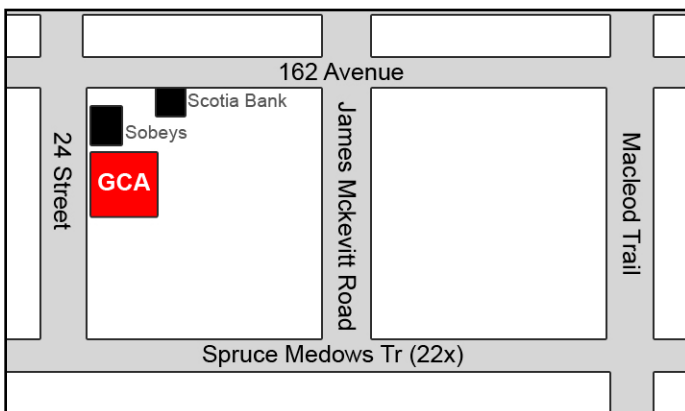
**MSBCA'S  
20<sup>TH</sup>  
ANNIVERSARY**

**SATURDAY, MAY 23, 2009**

Starts at 6:00pm. Buffet dinner.  
Serving authentic South-East Asian dishes.  
**At the GCA Academy (16520 - 24th Street SW)**  
Traditional dance performances & much more!

Tickets: Member / Non-Member  
Adults: \$35 / \$40  
Children: \$20 / \$25 (ages 5 to 12)  
Children under 5: Free

Contact our ticket sellers:  
Jill Heng: (403) 686-8448 or Sherry Tay: (403) 532-1473  
For more info visit: [www.msbc.ca/cultural-night2009.php](http://www.msbc.ca/cultural-night2009.php)



Click To view  
Google Map

## First Tech Challenge (Robotics) winner



Wen Li and his team win the award for the First Tech Challenge

Story and Photos by Kok Sim and Peggy Looi

On April 15 to 17 2009, our son Wen Li plus 4 families and a coach went to Atlanta Georgia to compete in the First Tech Challenge (FTC) World Competition. His team 2820, the Alberta Longhorns Robotics team became the winner



The playing field

of the World Series First Tech Challenge. This rookie team, from Canada, was competing among the best of the 100 teams from around the world. There were 2 other category championships at the same time. Wen Li's team was in the intermediate league and he is the driver of the robot.

Wen Li's team was at Red Deer, Alberta and Burnaby, BC prior to qualifying for the Atlanta World Championship. It was an intense 2-day competition with teams playing from qualifying rounds to semi-finals and finals.

This was remarkable as our team was the first from Canada to ever win the FTC championship. Secondly, our team members are in Grade 8 and 9, whereas most of the members of the other teams are in Grade 11 and 12!



Wen Li, second from the left

The Alberta Longhorns Robotics Society was founded seven years ago by the parents of kids who were on the first Longhorn Robotics team. Since that time, this team has been coached by a dedicated



Coach, team members and the winning robot

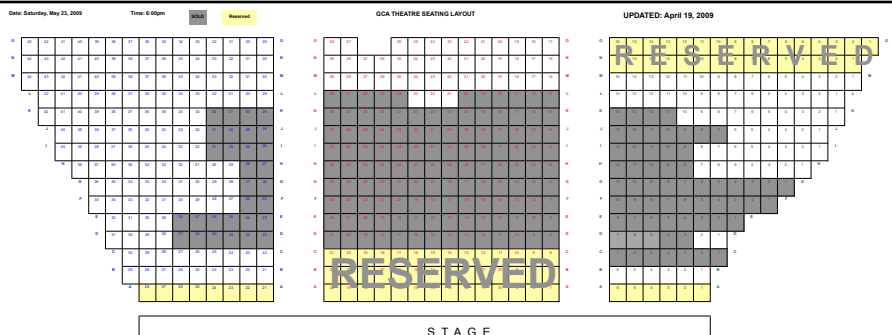
semi-retired school teacher, Ron Sveen. The society is a non-profit organization not affiliated with a school or school board. This year's team members with their coach Ron and the parents all worked countless hours to win the Worlds.

Besides the competition, we took a few days to tour the city. We visited the CNN Centre, Coca Cola, Georgia Aquarium, Atlanta 1996 Olympia Centennial Park and other attractions. Overall it was a very tiring but rewarding trip.

**Get Your Cultural Night Tickets Today!**  
**CALL**

Jill Heng : (403) 686-8448

Sherry Tay : (403) 532-1473



Do you have a story to tell us? An interest to share? Questions or Concerns?

We are always looking for stories to feature in our MSBCA newsletter!

Send your questions, comments or articles to:  
[editor@msbca.ca](mailto:editor@msbca.ca)

Note: the newsletter is a monthly publication.



Can you guess this mysterious, wild hawk is? Riding out on a nice day. Sunday, April 17, 2009. Answer below.

## Advertise with Us!

**small:** (2.25" X 3.0")

- \$15/month

**med:** (5.0" X 3.0")

- \$30/month

**banner:** (7.75" X 2.75")

- \$45/month

**half page:** (7.75" X 5.0")

- \$50/month

MSBCA Newsletter has a readership of about 200 families & organizations.

### CONTACT:

[editor@msbca.ca](mailto:editor@msbca.ca)

## CLUB HOUSE RENTAL

HOLDING A MEETING, PRESENTATION OR SOCIAL EVENT?

For more inquiries, contact  
 One of the Committee Members

### Rental Rates & Terms (with effect 1 May 2006):

**Rental Hours:** 9 am to midnight

### Members (including sound system):

Mon-Fri: \$132

Sat-Sun, Holidays: \$165

### Non-members (excluding sound system):

Mon-Fri: \$180

Sat-Sun, Holidays: \$220

An additional \$100 is chargeable for the use of the sound system

**Damage Deposit** \*Mandatory for ALL (refundable if there is no damage or loss to property):

- Building \$100
- Sound system \$400

**With immediate effect, there will be a cleaning surcharge of \$50.00 if the clubhouse is not properly cleaned after each rental. If applicable, this will be deducted from the damage deposit.**

**#301, 114 - 3 Ave SW  
 Calgary AB T2P 0E7**

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*Photo of the Month: Answer: Peter Chal*