

## PRESIDENT'S MESSAGE



TONY QUEK  
郭長基

Summer is here! We all enjoy the fine weather and spending more time outdoor. Whatever you're doing, always remind yourself of safety. There is always an element of danger

riding the bike, canoeing in the river, hiking in the mountain and driving on the highway. It is more so when you're tired and in a hurry. I worried so much on a recent incident involving a friend who experienced burns from power lines. He is doing fine now.

This month, an Osmosis water filtration system is installed in the club house. It is flushed and ready. Everyone is encouraged to drink the water from it in order to cut down costs of purchasing bottled waters and the recycling of empties. Limited bottles of water are still available in the fridge.

This summer, I plan to organize a few day hikes. If any of you wish to lead, please step forward and give me a hand. This is a team event and the idea is having fun for all. If there is an interest in fishing,

I will be more than happy to arrange a day trip down to the Red Deer River by Drumheller for goldeye.

After the great success of CN 2009, this committee is moving forward to the months ahead. The Casino fund raising is happening on July 4/5. There will be a house cleaning weekend to dispose of items no longer needed in the club house. In months ahead, we plan to build more shelves to store tables/chairs in the kitchen area. We need more space in the hall area. A shower stall is also on the wish list for the near future.

Calgary Stampede is just around the corner. I will be flipping pan cakes and cooking breakfast in the club house with some helpers on July 3 which is also the Stampede Parade day. For \$5/per, this is also a fund raising event while you're kicking off the party mood. Please register with me (phone or e-mail) for head count.

My June 6 - 7 fishing trip to Slave Lake in northern Alberta was fun. I will be doing some ocean fishing on the west coast from June 27<sup>th</sup> to July 1<sup>st</sup>.

Until then, have a safe summer and "Good Fishing" to you all.

*Tony Quek*

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## Slave Lake June 6-7

Story on page 4



# HAPPY STAMPEDING FOLKS!

# the editorial

## MSBCA COMMITTEE MEMBERS 2008/2009

### President / Sports

**Tony Quek** .....403-239-7438  
chongkeekuek@shaw.ca

### VP Malaysia

**Shanti S. James** .....403-337-0179  
shantisj@shaw.ca

### VP Singapore

**Vena Palmer** .....403-695-5993  
Venalee@mac.com

### VP Brunei

**Chong Hin Quek** ....403-239-3150  
chong-hin.quek@calgary.ca

### Secretary

**Bettie Lim** .....403-274-5351  
bettie.lim@shaw.ca

### Treasurer

**Cynthia Tung** .....403-289-6625  
ctung@shaw.ca

### General Committee:

committee@msbca.ca

**Stanley Vong**.....403-663-8179

**Pei Lee Chin** .....403-973-5833

**Jade Tabet** .....403-998-4809

**John Chin** .....403-400-2272

**Michael Lo** .....403-686-7107

**Jody Toong** .....403-383-1477

### Editor/Membership Director

**Tracey Bong** .....403-669-9094  
editor@msbca.ca

### Webmaster

**Tiffany Bong**  
msbcacalgary@gmail.com

### Past President/Advisor

**Adeline Chan** .....403-263-3883  
chantel888@gmail.com

**MSBCA Mailing address:**  
#301, 114-3rd Ave SW  
Calgary, AB T2P 0E7  
Tel/fax: 403.289.7711

## Membership Renewal? Change Member Info?

Please contact Tracey Bong at  
editor@msbca.ca  
to keep your details current!

I had an amazing time in Cuba. I got a lot more out of it than expected. I got to know some very cool people and had a blast with everyone that went. The wedding was gorgeous on the beach and so touching.

We stayed in Blau Varadero Resort. It was a beautiful resort. The food was decent, however, I found that a lot of it was a little on the salty side. The beach was beautiful. I miss the clear blue waters and white powdery sand.



The trip was a good balance of relaxation and fun. I got to go on a couple really fun excursions. One was to visit Havana, the capital of Cuba, and a Jeep Tour around Varadero.

Havana was amazing and so beautiful... the buildings, the architecture, are filled with so much history and an un-describable richness. It's a shame that the government doesn't take better care of the buildings. Some of them are in pretty rough shape, crumbling and cracking. They live in some pretty poor conditions but yet at



the same time it is filled with so much beauty. As we drove along the streets, it felt like we were in a movie because the city was so visually stimulating. As you walk the streets of old Havana and new Havana you see how the people live, and it is a very humbling sight to see. These people live with so little and yet they manage just fine. It makes me appreciate my life and what I have even more than before. It makes me think about how we in North America, we seem to live in unnecessary excess and I believe that greed can get the best of humanity.

The feeling of seeing Havana and the little towns on the way to Havana from Varadero was so overwhelming. I felt the beauty and compassion for this place and the people. I was told to bring unwanted clothes and shampoos and lotions to give away to the people there. I brought a few things down but now I wish I had brought



more with me to give away. My friends brought a lot of stuff to give away and the joy that came to their faces was priceless. Living in a communist country, one is limited to a certain amount of things they can have at one time.

Even when we walked through the market the locals would ask, "Are you from Canada? Please do you have a t-shirt-present for me?" Kids would be asking for hats, and shirts. We walked by kids playing with an old, deflated soccer ball.

I really recommend Cuba to everyone. It really is an amazing place to visit. Next time I plan to stay in Havana for a few nights instead of a resort to get the true experience of Havana and the culture it has to offer. Enjoy the photos.

-----MSBCA CALENDAR  
of events

July 2009

- 3<sup>rd</sup> - Stampede Parade Brunch

August 2009

- 8<sup>th</sup> - Singapore National Day
- 29<sup>th</sup> - Malaysia National Day

September 2009

- 12<sup>th</sup> - Annual Volunteer Appreciation Picnic



## ANNUAL VOLUNTEER APPRECIATION PICNIC

**Saturday, September 12, 2009**  
**Bowness Park**

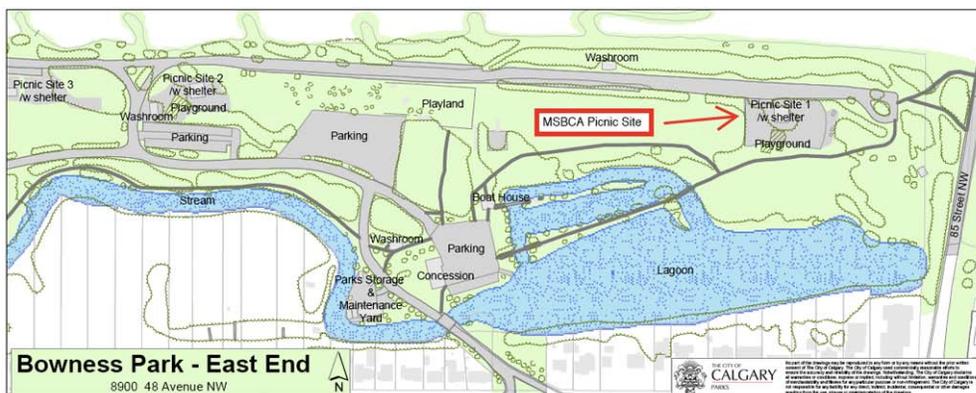
As the MSBCA 20th Anniversary events start to come to an end for this year, we would like to thank all the volunteers who made MSBCA's events so large, successful and truly memorable.

To show our appreciation we would like all of you to attend our volunteers' picnic on Sept 12, 2009 at Bowness Park (East Side), site no. 1 (see attached map)

Please mark your calendar, details will follow on the next upcoming newsletter.

On behalf of the MSBCA committee, thank you again for all your help and support for the club.

Jade Tarbet



**Mari  
Memasak!!**



**Lets have some fun and learn  
a new dish from our in-house  
expert chefs!**

**Sunday, July 19th**

Beef & Vegetable Sambal Goreng  
Yellow Rice  
Kuih Bingkang

Maximum: 15 people

Contact Shanti James  
@ 403 337 0179 or 403 998 5293  
by July 16th 2009

## Singapore Night

**August 8, 2009**

Singapore National Day

MSBCA Clubhouse

More details to come

If interested, contact:  
Cynthia @ 403-289-6625  
or Vena @ 403-695-5993

## Merdeka Night

**August 29, 2009**

Malaysia National Day

MSBCA Clubhouse

More details to come

# sports/recreation

## Fishing at Slave Lake June 6 & 7



Story and Photos by Tony Quek

The fishing in Slave Lake was bountiful. My visitor from Singapore, Lee Wee was a happy fisherman when he caught fish with whatever he threw in the lake. He will be talking about the trip for a long time until his next visit to Canada.

Although it is a long 6 hours from Calgary, it is well worth the drive. I've booked my trip for 2010 and ready to party again with the boys from MSSA, Edmonton.



*Stay tuned for some hiking and fishing days*

## FOLK DANCING & LINE DANCING



There will be Folk dancing and line dancing every

**Wednesday night from 7pm - 8:45 pm**

Please call **Adrine Chong** to register by cell: (403) 973-8338 or email: [adrinecfl@hotmail.com](mailto:adrinecfl@hotmail.com).

We dance to Chinese traditional and pop music. Dancing is a fun way to stay fit, and meet new friends.

You do not require a partner to join.

## MSBCA CASINO FUND

THANKS TO THE VOLUNTEERS WHO CAME FORWARD TO HELP MSBCA!

Tan Tuan Sing	Paul Teoh	Jesse Cheah
Josephine Tse	Kathy Teoh	Jennie Soo
Tony Quek	Anita Gill	Susan Tan
Nelson Chan	Ivan Teo	Peter Tan
Bettie Lim	John Chin	Ben Lim
CK Tang	Diana Bird	Teng Hau Chong
George Chin	Looi Kok Sim	Melissa Chong
Karen Chin	Shanti James	Juliet Teng
Adrine Chong	Tracey Bong	Kai Loo
Eugene Tse	Jane Lim	Jefferey Wong
Janette Tam	Angha Bong	Chin Ching Fatt
YeuChuan Choo	Keng Wei Chiew	

## Singapore High Commissioner in Calgary

Story and Photos by Adeline Chan



A little Singapore congregated and reunited in Canada, in the heart of downtown Calgary on the 19<sup>th</sup> June 2009 to welcome the Singapore High Commissioner to Canada, Mr. Koh Yong Guan and his wife.

The occasion was also attended by our Singapore Consulate-General Mr. Foo Chin Kwok from Vancouver, and officials from the Overseas Singapore Unit (OSU) Mr. Wong Kan Foo and Ms. Norita Noor. What a power-night it was that an all Singaporean event converged in the cowboy town of Calgary.

The buffet dinner was hosted by the Singapore Government with initiatives from the Prime Minister Office in Singapore. Distance has no barrier for Singapore to coordinate with overseas Singaporeans in Calgary, Canada to work on this project of organising an all Singaporean welcome wagon and get-together. About 70 Singaporeans gathered as one united people, from all walks of life, in different perspectives and opinions, regardless of race, language or religion at the Royal India Restaurant for a sumptuous buffet dinner.

The occasion was graced by the honourable High Commissioner Mr. Koh Yong Guan updates on the Singapore front, stability of the Singapore currency despite the present recession. The Singaporeans were amused by the introduction to the man who introduced and implemented the GST in Singapore. Mr. Koh is also the Chairman of the Central Provident Fund of Singapore. Mr. Koh is a well-known name as Commissioner of the Inland Revenue from 1991-1997, and Managing Director of the Monetary Authority of Singapore, just to name a few of his important portfolios.

The Singapore Calgarians were humbled by the honesty and openness of the response from the High Commissioner and the Consulate-General to questions from the floor. Interesting dialogues include dual citizenship, national service, health care and Singapore Airlines which are at the heart with most overseas Singaporeans.

Everyone who came for the evening was basked with good ambience, good food, good bonding, good building of new friendship, and the openness and generos-

ity of the Singapore delegates. It is indeed a very special privilege for Singaporeans to mingle with an all-Singaporean event in Calgary with our High Commissioner, Consulate-General, and Overseas Singapore Unit all at the same time. Surely, this is an occasion to remember.

Our thanks to Ms Shobi Pereira from the Prime Minister Office in Singapore for initiating this dinner gathering and the Singapore Government for hosting this important event.

As we welcome the High Commissioner Mr and Mrs Koh Yong Guan to Canada, we also bid farewell to our Consulate-General in Vancouver, Mr and Mrs Foo Chin Kwok as they return to Singapore. We look forward to the appointment of the new Consulate General and to working closely with Ms Norita Noor of the Overseas Singapore Unit (OSU) in New York. We wish the very best to our Singapore dignitaries.

Thanks to everyone who came for the evening to share your thoughts. Indeed in Calgary, there is a flame burning that is still very Singaporean.



## OUSTANDING YOUTH FEATURE: Interview with Chloe Tarbet



**Q. How long have you been involved with sports for?**

**A.** I'm pretty sure I started competitive swimming and soccer in 4<sup>th</sup> grade. I had done "baseball", also known as tee-ball, before that but I would consider 4<sup>th</sup> grade the first year I really became involved with sports.

**Q. Do you have a favorite sport? Why is it your favorite?**

**A.** I used to think that basketball was my favorite sport, but now it is a close tie with field hockey. I honestly cannot choose between the two. I love basketball because it is so fast paced and I am a point guard so I am able to make a lot of plays. I have played since 6<sup>th</sup> grade and it still remains so exciting for me. Field hockey, on the other hand, is relatively new to me. I first started playing for my high school team in grade 10. It is an easy game to learn, even though it has many rules. I play right mid-field and I love it because I'm always in the action.

**Q. Which medal/trophy are you most proud of getting?**

**A.** I am the most proud of receiving female athlete of the year. Sports have been a huge part of my life, especially

in high school. Being a member of three teams has been challenging because I had to also balance schoolwork, but it has been so rewarding. I loved being on each team and I am so honored for being recognized for my efforts in multi-sports.

**Q. Now that you've graduated from high school, where do you plan to go from here?**

**A.** I plan on attending UBC in Vancouver in the fall. I am going into the commerce program at the Sauder School of Business

**Q. What made you choose UBC?**

**A.** Well, I definitely had a hard time choosing between UWO (university of western Ontario) and UBC. Both have amazing business schools. What it really came down to was honestly location. I could not choose between the two schools, so I decided that I would like Vancouver a lot more than I would like London, Ontario. I love big cities and the ocean so I figured Vancouver would be the best match for me. I mean, you might as well like the place you'll be living in for the next four years right? ☺

**Q. Are you involved with any other sports / extra curricular activities?**

**A.** I did community basketball for two years. I have been a member of my school's yearbook committee and graduation committee. I am also a member of Youth Volunteer Corps, which has given me many opportunities to volunteer in and outside of school and has allowed me to give back to the school through school beautification projects and fundraisers. I have volunteered several times at the Bethany Care Centre, a senior citizen care centre, as well as two years at the Walk for Wilderness fundraiser. MSBCA has also given me opportunities to volunteer, such as at the Calgary Drop-In Centre.

**Q. You were also in a couple dances for this year's MSBCA Cultural night, how did you get involved?**

**A.** Well, I tell my friends that my mom forced me into it because I was embarrassed at first. But it has honestly been great. My mom did push me a little bit, but in the end, my brother and I made the decision to join the MSBCA dance group for Cultural Night.

**Q. What are your thoughts on being involved/volunteering with the MSBCA?**

**A.** I really like MSBCA and I think there are a lot of great people so it makes volunteering a lot of fun. I have a great time with the other members and I am continuously exposed to new, exciting things.

**Q. Do you have any big plans for the rest of the summer before you venture off to Vancouver to begin the next step in your life?**

**A.** No, not really. My summer is busy with jobs. I am going to work at the Calgary Stampede while also working at my other job at Sportchek. My family and I are planning to go on a vacation, but it is undecided when and where that will be. Any suggestions? ☺

**Q. What other hobbies are you interested in?**

**A.** This is going to sound like I don't do anything else besides sports, but I really like to swim whether it's laps or at the beach. I also enjoy making smoothies, wrestling with my brother, game nights with family and friends, cooking, mini-golfing, and playing tetherball (I don't know if tetherball is a sport, but if it is, I would put it up there with basketball and field hockey) ;)



## Have you been to MOCOLand?



Story by: Kean Tan

Ever find yourself frantically searching for your cell phone when you hear a phone ring in the elevator or a restaurant, and finally realizing that it's not your call? Sometimes it is a little embarrassing.

Well, check out MOCOLand, a web-store that provides unique mobile content to discerning cell phone users. If you feel like you are stuck with that few manufactured ringtones that came with your phone and everyone has, you can change that by downloading from MOCOLand more fun and cool "toots and strums" that fits your personality or moods. More interestingly to MSBCA members, you may find ringtones that remind you of your homeland!

Not only will you find ringtones, the web-store lets you browse a wide array of other cool stuff for your phone, such as wallpapers, games, horoscopes, alerts, animation, quotes, jokes, video clips, applications and more. As we do more and more things using our cell phones besides calling someone, there are more and more content available for us to enjoy now.

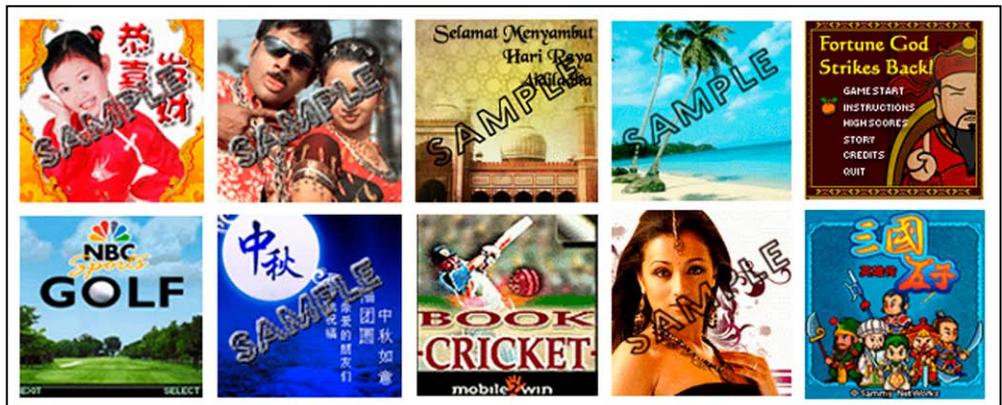
MOCOLand is unique in that it specializes in multicultural content besides the mainstream. Whether you are looking

for a beachscape that reminds you of the tropics, news alerts to update you on current affairs in your home country or even just the popular tunes and games that let you reminisce the old days, you will find it on [www.mocoland.com](http://www.mocoland.com).

MOCOLand is a creative source and it is easy to use. It uses a Credit system that enables you to keep track and send the content you like to most phones. You may send things you like to your phone or dedicate them to your loved ones. Check if your phone and provider are the participating vendors on the website. MOCOLand currently provides free membership for everyone to join on the web-store.

18 submitted their own ringtones. The public voted on the web-store and there were over 1550 votes in which the top two winners won grand prizes.

MOCOLand was unveiled to North America on February, 2009 by NexusM, a mobile technology company established in 2006 in Calgary, Canada. The company is using cutting edge technology to ease the transition and preserve the heritage of new and old Canadian and American immigrants. At the same time, it is promoting cultural understanding between our communities and the community at large through sharing the diverse cultural content using mobile technology.

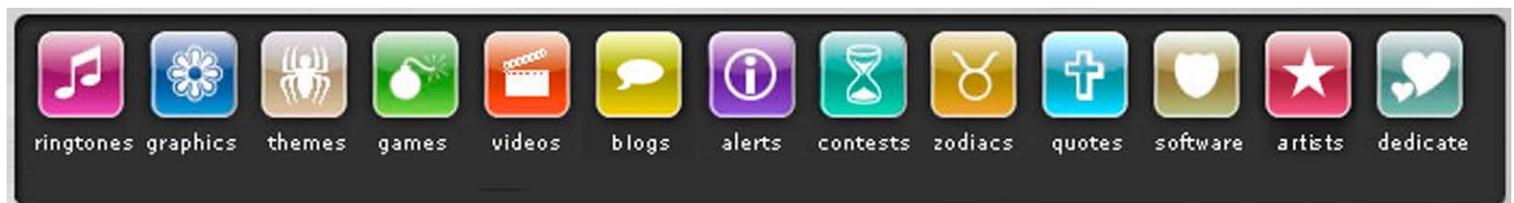


Currently, there are attractive membership features that let you win free credits as you invite your friends to become apart of the fun. The store is also giving away mobile applications for free!

Further more, members are informed of interesting contests that are held from time to time to promote local talents. For example, MOCOLand recently partnered up with Musica Academy in search of the Next Top Ring Master where young composers between the ages of 5 and

Not only is MOCOLand a social and recreational playground, it is also a sound resource centre that connects us to our roots.

And, how would MOCOLand apply to MSBCA? If you want your phone to play "Rasa Sayang" the next time it rings in the elevator, go get it from [www.mocoland.com](http://www.mocoland.com). Not only could that be an ice-breaker, it might make you the most interesting person in the elevator.



Do you have a story to tell us? An interest to share? Questions or Concerns?

We are always looking for stories to feature in our MSBCA newsletter!

Send your questions, comments or articles to:  
editor@msbca.ca

Note: the newsletter is a monthly publication.



Photo of the month

Photo by Tracey Bong. Watching the beautiful sunrise on the beach on my last night/day in Varadero, Cuba. June 2009.

## Advertise with Us!

**small:** (2.25" X 3.0")

- \$15/month

**med:** (5.0" X 3.0")

- \$30/month

**banner:** (7.75" X 2.75")

- \$45/month

**half page:** (7.75" X 5.0")

- \$50/month

MSBCA Newsletter has a readership of about 200 families & organizations.

### CONTACT:

editor@msbca.ca

## CLUB HOUSE RENTAL

HOLDING A MEETING, PRESENTATION OR SOCIAL EVENT?

For more inquiries, contact

One of the Committee Members

### Rental Rates & Terms (with effect 1 May 2006):

**Rental Hours:** 9 am to midnight

### Members (including sound system):

Mon-Fri: \$132

Sat-Sun, Holidays: \$165

### Non-members (excluding sound system):

Mon-Fri: \$180

Sat-Sun, Holidays: \$220

An additional \$100 is chargeable for the use of the sound system

**Damage Deposit** \*Mandatory for ALL (refundable if there is no damage or loss to property):

- Building \$100
- Sound system \$400

**With immediate effect, there will be a cleaning surcharge of \$50.00 if the clubhouse is not properly cleaned after each rental. If applicable, this will be deducted from the damage deposit.**

**#301, 114 - 3 Ave SW  
Calgary AB T2P 0E7**

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ad here

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