

## PRESIDENT'S MESSAGE



ADELINE CHAN

The sunshine of summer brings joy and smiles on everyone's face. The neighborhood is enjoying the outdoors again. The greenery and smell of flowers are in the air.

The summer also brought MSBCA 'to the beach' at the Cultural Night on June 7. Everyone had a whale of a time at 'di Pantai'. Good food, great performances and the memories of the night still lingers in us. Our guest of honor for that evening Mr. & Mrs. Foo Chin Kwok the Singapore Consulate General, traveled all the way from Vancouver to attend our Cultural Night. We wish to thank our coordinators, Jill Heng and Philip Chan for a spectacular evening of SE Asian gala.

All our events organized for the year would not happen without the dedication and commitment of our member volunteers. The Committee could not have done it all without your support. It is this spirit of volunteerism within MSBCA that makes up the strength of our community and binds us together as one united people of Canadian, Malaysian, Singaporean and Bruneian.

In our continuing effort to return our gratitude to all our volunteers, the Committee will be organizing a volunteer appreciation Picnic at the Glenmore Reservoir Park for BBQ and games. We will also be organizing a buffet lunch for the coming AGM at a restaurant and this event will be subsidized for current members. Check out the details and mark them in your calendar.

A number of bikers had a joyride on the bike path along the Bow River from Edworthy Park to the Weir across the Calgary Zoo. It was an enjoyable and casual biking for the bikers including myself to bike a total of 22km in about 2 hours through trees and greenery across downtown. What a great workout.

The Kelowna winery tour is a 'go' with 11 families traveling on carpooling from July 18-20. If you are still interested to join the group, please contact Jesse or Philip for availability of space and lodging.

Other events that are in the pipeline for members in the summer include the Brook Dinosaur Provincial Park visit and the hike to the Rockies. These are great family time together to enjoy and discover the beauty of the outdoor. Please register with Tony Quek for both events.

For those who have a strong palate to savour the spicy food of MSBCA, we will be celebrating Singapore Night with our authentic 'Singapore Laksa,' 'Tauhu Goreng' and 'Durian Ice Kachang' on August 9. The Malaysian Night will be on August 30 and we will be having the Malaysian Sepak Takraw Team from Malaysia joining us for that evening. Do put the dates in your calendar and come and join our parties as we celebrate Independence Day for Malaysia and Singapore. Hope that you will have a swell summer holiday and enjoy the sunshine while it last. Look forward to see you at the coming events.

MSBCA would like to wish everyone 'Happy Canada Day' and enjoy the Calgary Stampede 'The Greatest Outdoor Show on Earth'. Have a safe and wonderful summer!

*Blessings,  
Adeline Chan*

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## Sunday Lunch

**ENJOY YOUR SUNDAYS  
IN THE SUN!!!**

*Please Note That there will  
not be any Sunday Lunches  
scheduled for July or August.*

### Change of address???

Please contact Tracey Bong at  
editor@msbcacalgary.ca  
to keep your details current!

## FOLK DANCING & LINE DANCING

There will be Folk dancing and  
line dancing every

**Wednesday night from  
7pm to 8:45 pm .**

Please call **Adrine Chong** to register by cell:(403) 973-8338 or email:  
adrinecfl@hotmail.com.

We dance to Chinese traditional  
and pop music. Dancing is a fun  
way to stay fit, meet new friends.

You do not require a  
partner to join.

# the editorial

## MSBCA COMMITTEE MEMBERS 2007/2008

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I am feeling refreshed, relaxed and ready for more. My trip to SE Asia was definitely enjoyed. I got to see a lot, eat a lot and experience many new things. Our first destination was Kuala Lumpur (KL).



Coming out of the airport and feeling the humidity awakens my senses from the long flight. For the following 5 days, we shopped until our feet were soar, and spoiled our appetites with the abundant variety of delicious, cheap food of Malaysia. In between the shopping and the eating we did some of the tourist stuff like going to Genting Island, and Melaka. It was my first time in KL and I was taken away by the how busy and how big of a city KL is. I love how there is no shortage of lush, green plant life. Big, beautiful palm trees were endless in the landscapes of Malaysia.

After our first few days in KL, we went to Kuching, Sarawak. All of my Mom's family is still living in Kuching, so for 2 weeks we visited family and friends, and I got to meet my little cousins, which has been long a due since we haven't been there for 9 years. We had our share of some Kolo Mee, Laksa, and Kechap Mee and many other delicious meals. Kuching is not as busy as KL but it has grown a lot since the last time I was there.



Our next stop was Bangkok, Thailand. Bangkok is another big city so it was also very busy, lots of traffic and people. I found Bangkok a little challenging because it was difficult to communicate

to the local people. Most people didn't know much English, and we did not know any Thai. The few people that spoke English, their English was pretty broken. I loved the Pad Thai there, full flavored. We got to see some famous temples like, The Golden Palace, and The Reclining Buddha. We also had the chance to experience the Floating Market, an elephant ride, The Elephant Show and the Crocodile Farm. The elephant ride was really cool, such a magnificent creature.

After Bangkok, we went back to KL to do some more sightseeing stuff before heading off the Bali, Indonesia. My uncle rented a mini van and took us to Penang, Langkawi, and Singapore. That was a little busy, and tiring because we were going from place to place and quite a bit of time was spent in the car driving around.



Bali. Bali was my favorite part of the trip because it was so relaxing. I would say it was a wonderful end to the trip. I love the beach life and we got to sit on the beach and not worry about anything. I got to try scuba diving, and surfing while I was there and now I want to master swimming to get further into diving and surfing. Everyone there, the locals and the tourists were very friendly, open and just wanting to have a good time. The locals were especially nice, and very hospitable. They seem to really care about people genuinely and they make sure that you feel welcomed and feel at home.

Other than the heat, the mosquitoes, the washrooms and the long flight, I would definitely go back to SE Asia. I miss the food already and how cheap everything is there! So now my appetite for travel has been stirred, and I am ready for more.

## MSBCA CALENDAR of events

### July 2008

- 12<sup>th</sup> - Hiking
- 18 - 20<sup>th</sup> - Kelowna Winery Tour

### August 2008

- 9<sup>th</sup> - Singapore National Day Celebration
- 16<sup>th</sup> - Brooks Dinosaur Park
- 30<sup>th</sup> - Malaysia National Day Celebration

### September 2008

- 6<sup>th</sup> - Picnic/Hiking at Glemore Reservoir
- 27<sup>th</sup> - Annual General Meeting (AGM)



## Brooks Dinosaur Tour August 16th, 2008

Meet at Mac Donald's on 36 St NE on the north side of T & T at 8:00 am. Due to the distance of travelling, we need to leave early for this day trip. Bring your lunch pack and water jar. Car-pooling as the cost of fuel is sky-rocketing. It is advisable the participants will share the fuel cost with the driver.



As entrance fee for day user at the park. \$20 dollars will be more than enough. Hiking boot, sun screen, hat and sun-glasses is a must. Don't forget your camera either.

**Please register by August 9, 2008.** This is a very nice trip and worth going. If less than 10 people, this event will be cancelled.

**Call Tony at 239 7438 or e-mail chongkeequek@shaw.ca**

## MSBCA AGM 2008 September 27 2008 11am to 2pm

**Treasures of China**  
#23, 9125 Bonaventure Drive SE

**Members Only**

**Please purchase tickets by Sep 18 2008** (need to give headcount)

**\$10:** 12 yrs and up

**\$5:** 6 to 11 yrs

**Free** 5yrs and below

**Ticket sellers:**

Sherry Tay, 403-532-1473

Janette Choo, 403-891-8035

- Registration and membership renewal
- Lunch Dim Sum Special Buffet
- Scholastic Award (See page 8)
- Nomination & voting of 6 executive & committee members

**Note:**

1. To vote or nominate, your membership must be current (fee paid) and you have to be a member of good standing.
2. Designated area in restaurant – free seating but respectfully request not to leave gap in seating (eg leaving hand bags etc on seat).

## Mari Memasak!!



The Mari Memasak chefs/cooks are going on their summer vacations.

Therefore, there will be **no cooking classes for the month of July and August**

Contact Jill @ 686 8448 if you are interested in future Mari Memasaks.

## Merdeka Night – 51<sup>st</sup> Malaysia National Day Celebration

**August 30 2008**  
**MSBCA Clubhouse**  
**6.30 p.m. – 11 p.m.**

**Dress code:** Traditional encouraged

We will be serving spicy Malaysian cuisine including dessert, prepared by Geraldine Sng of Straits Kitchen

**\$10** for Adults

**\$ 6** for 12 yrs and under

For Tickets & Payment, please contact:

**Shanti James @ 998-5293**

e-mail: shantisj@shaw.ca

**Jill Heng @ 686- 8448**

e-mail: jillheng@shaw.ca

**Ivan Teo @ 285-2572**

email: iteo@rayton.com

**RSVP by August 10 2008**

Seating capacity: 80

*Come and join us for a fun evening of Malaysian music & food*

## SEAFOOD NIGHT AT THE KELONG

By John & Daisy Kielhorn

MSBCA did it again by providing a first class event using the Kelong as a theme



for a fantastic dinner. Actually, for us, any dinner involving Chilli Crab is fantastic, but even so, it was a night to remember. We had our calendar marked for the Seafood dinner on April 26 but had no idea as to what to expect. We had attended previous MSBCA functions so we did foresee an enjoyable evening based on past experience. However, we had not antici-



pated the effort the organizers had gone to with respect to the decorating and food preparation. We arrived at 7:10PM, as planned, in order to be early. Having been exposed to Singapore “rubber time” we thought that we would have ample time to kill on our own. Imagine our surprise when we found that we were one of the last to arrive. The dinner started promptly at 7:30 which really impressed us. Bowls of peanuts were provided to munch on prior to dinner.

So as to make anyone who did not attend truly envious, we will give a run-down of the extensive menu. We started off with Fish Maw Soup and then proceeded to the Deep Fried Chinese-donut (in Singapore called U-Char Kueh) with a minced shrimp filling. Next came the Sambal Prawns, not for the faint of heart, as they were very spicy and hot, which satisfied our palates. This was followed with an Oyster omelette and then a Scallop dish. For those who still had more room in their stomachs, came a Seafood Hor-Fun. Then, the “piece de resistance”, Chilli Crab dish arrived. This dish had to be the highlight of the evening as everyone suddenly developed their “second wind” as far as appetites were concerned. This was rounded off (by this time all our stomachs were truly rounded) with desserts of Bur-Bur Cha-Cha, coconut jelly and fruits.

For anyone who was able to break concentration from this sumptuous repast, big screen videos of the Australian group BOND and the Chinese New Year’s dance performance were provided.

We would like to finish this little article by expressing our appreciation to the MSBCA members who donated their valuable time and effort to decorating the hall (Jade Tarbet & her team), cooking the dishes (Boo Seok Huan, Joo & Ee Pin Teh, & Adeline Chan), providing the videos (Peter Chai) and organizing the event (Adeline Chan/Jill Heng). Thank you one and all.



### Sri Lanka Cultural Show 2008

Story by: Stanley Vong

Pictures by: Jesse Cheah

Happy belated New Year Sri Lanka! I stated that now after the actual Sinhalese and Tamil New Year on April 13, 2008, but so did the Sri Lankan Calgary Association who had their Cultural Show on May 24. We were lucky enough to have been invited to perform for the Sri Lankans in return to have them perform for the MSBCA Cultural Night.



It was raining torrents when the MSBCA dance group was packed in the Cheah van. Thanks to Jesse for having driving duties through the rough weather. During the drive out, we listened intently to Kim Roe who talked about how the MSBCA dance group first formed. MSBCA was officially created exactly 20 years ago. We talked about how the 20 year celebration should be grand. That’s another story all in itself in the not-too-distant future.

When we arrived at the Chestermere Community Centre, the place was PACKED! The Cultural Show had already started and the crowd was intently watching the festivities. The MSBCA was the last in the lineup. I guess the Sri Lankans wanted to close the program with a bang before they served the food.

There was enough time for us to relax and watch the program. The majority of the Sri Lankan populations are Buddhist, and that was very apparent in the festivities. Some of the beautiful dances were to pay respects to the deities. The hand movements and colourful costumes were

*Story continued on pg 7*

# sports/recreation

## MSBCA Badminton 2007/2008 Ends June 27th, 2008



### A note from Tony...

I am happy to say that this session of badminton is well participated by members of all ages. We are working hard with Talisman Centre to continue the Fall session in 2008. The words from the facility booking is that there will be price increase this Fall. Talisman Centre had implementing the access card system for our players as well this year. There was an added cost to get those cards. Please be fore warned there will be a new price revision for badminton session this Fall.

MSBCA will try it's best to provide family fun and affordable badminton activity for our members. It has for the past and will for future to come. But, we need your support and your com-



mitment to keep a healthy lifestyle. MSBCA cares and is here to provide a good opportunity for each and every-one of our member to take care of their health by playing badminton.

Thank-you all for coming and see you in the Fall.

## City Biking on June 14



**Would you like to share some great recipes, a great photo, or funny jokes?**

Please send them in to [editor@msbcacalgary.ca](mailto:editor@msbcacalgary.ca) and I will publish it in the newsletter!

## Day Hike in K-Country July 19th-

**Meet at MacDonald's  
8:30 am. Pack your own  
snack/water**

Call Tony for RSVP/info 239-7438  
Check on [msbcacalgary.ca](http://msbcacalgary.ca) as well.

## Singapore National Day Celebration Saturday August 9, 2008



**All are welcome**

**Time:** 6.30pm-10.00pm

**Food:** Singapore Laksa, Tauhu  
Goreng, **Durian Ice Kachang**

**Cost:** \$10.00 per adult

\$6.00 per child (12 yrs + under)

**Contact:** Sherry Tay (403-532-1473)  
or Philip Chan (403-263-3883)

**Program:** Singapore Movie "Just  
Follow Law" with Gurmit  
Singh & Fann Wong

**A good resolution for 2008  
for all ages is to stick with a  
regular exercise program.**

**Why not join MSBCA and  
check out what we have ?  
Come and join us for fun.**

**Waiver form is to be  
signed for all MSBCA sports  
and outings.**

# CN highlights

## Cultural Night 2008 Classic

Story By Philip Chan  
Photos By Nelson Chan

MSBCA Calgary continues to be a community association to reckon with. As challenging as it always has been organising a cultural event of this nature,

curry puff, nasi lemak, curry laksa, bak chang, beef rendang, chicken rice, rojak, fried kuay teow, vegetarian



MSBCA did it again. The Committee pulled off another classic on June 7, 2008 at the Cultural Night with an evening 'at the beach'.

As the door opened at Beddington Community Centre, an almost fullhouse attendance of 400 audience were warmly greeted by our dancers in full costumes. A welcoming for everyone who entered the hallway to the touch, sound, smell, taste and sight of the beaches of Malaysia, Singapore and Brunei. An array of ASEAN hawker-style food assortment were offered to wet and satisfy the palate



of those attending the evening. All the mouth-watering food including satay,

dishes, keropok, kueh kueh, ice kacang were all top class dishes prepared and cooked by our very own iron-chef-members.

The arrival of our guest-of-honour Mr & Mrs Foo Chin Kwok, the Consul-ate-General of Singapore signalled our captivating MC's Jesse Cheah and Kim Roe to start our evening show with the singing of 'O Canada' with J iancheng Choo on keyboard and Tanya Chan on violin.

The audience were mesmerized by our talented dancers performing a mix of Malay, Chinese and Indian dances in traditional and colorful costumes. These cultural dances have been specially choreographed for the evening by Adrine Chong and costumes specially designed and sewn by Jade Tarbet. The hard working team of dancers who practiced and rehearsed for months include Amanda Chan, Melissa Cheah, Adrine Chong, Jill Heng, Khoo Mok Yong, Kim Roe, Peter Tan, Jade Tarbet, Ivan Teo, Kathy Teoh, Stephanie Vogt, and Stanley Vong.

The talented Choo family gave a splendid performance as Jiancheng Choo played his composition of "December" on his keyboard, whilst the twin sisters, Yuwen and Weiwen Choo, sang to the tune of the



BeeGees with "Emotion" to the delight and applause of many.

The Japanese Taiko drums got everybody's attention with Ben Lim and his team of drummers. Rhythmic precision drumming coming from 4 drums captivated the audience.

Our MSBCA Choir sang with enthusiasm 3 oldies from our homeland, viz. "Leng-gang Kangkung", "A Place in the Sun" and "Ayo Mama". Voices of harmony came from Diana Bird, Peter Chai, Adeline Chan, Philip Chan, Havanah Chen, Gigi Chin, Evelyn Chong, Sue Law, Tony Quek, Jennie Soo, Judy Tan, Susan Tan, Joo Teh, Hau Chong Teng, Juliet Teng, Joyce Wong and Josephine Wong.



# CN highlights

Our guest performers from the Sri Lanka Association and the Thai Association each performed a specialty dance to the flavour of their homeland. They were well received by their many supporters to the event. Thank you for your partnership in making this CN2008 event a more colorful one.

What better way to wrap up the event with MSBCA very own fashion parade to the beat of "Rasa Sayang". A colorful spread of dresses and costumes from ASEAN modelled by our very own members Benjamin Chan, Tanya Chan, Havanah Chen, Alvin Chiang, Pauline Chiang, Gigi Chin, Adrine Chong, Ganesh Francis, Sharon Francis, Mariko Roe, Kevin Tan, Peter Tan, Valerie Tan, Chazz Tarbet, Chloe Tarbet, Ivan Teo, Patrick Teoh, Stanley Vong and Joyce Wong. Choreographer for the fashion parade, Judy Tan and costume selection by our designer, Jade Tarbet. Back stage assistant with Shanti James and Kathy Teoh, and facial make-up by Juliet Teng.



Singapore Consulate, Contact Singapore, Peter & Kim Yong our DJ's, Yee Min & Josephine Wong, Joyce & Danny Wong, for contributing many other door prizes.

The coordinators for this year's Cultural Night Jill Heng and Philip Chan, wish to thank all the Committee and volunteers for your support in making sure the event went smoothly with minimal or no hitch. Many tasks and preparation are needed to realise our plans for the evening including Sherry Tay & Janette Choo our ticket sellers, Tony Quek our bartender, Nelson Chan our cameraman, Ken Preston our videoman, John Chin our stage lighting, Ivan Teo & Stanley Vong for cleaning up, and Peter Chai our key computer and technical manager. There are numerous and dedicated volunteers to name and those behind-the-scene volunteers to make the event a reality. They all deserve c o m m e n d a t i o n from the Committee for a job well-done. A feat that

reveals the strength and unity of the volunteers working together with all their heart and soul for a common purpose to make the Cultural Night 2008 a success and a classic.

Indeed, the Committee did their best to raise the standard of our Cultural Night 2008 a notch higher. A sub-committee is already in the process for next year's Cultural Night and we expect Cultural Night 2009 to be even better. Just you wait and see! MSBCA Calgary definitely boleh!

## Sri Lanka Cultural Show Cont'd from pg. 4

something to behold. The music was very rich and lively with heavy drum beats.

The program paid homage to Sri Lanka by showcasing some of the outfits worn at weddings, worn by farmers, and by commoners. There was also a pot dance that showed the graceful movements of using the pots to gather water. It was quite a symbolic sight.

This time, the MSBCA dancers performed the Tarian Inang. A routine we knew all too well, so we did not have to practice or worry too much about it. The stage lighting was quite bright, which was wonderful because we could concentrate on looking at the partners and not so much at the audience.

At last, it was time to get the food. While we were in the buffet queue, we received much praise for the dance. The caterers did a wonderful job preparing the food. It was very similar to Indian cuisine in terms of the spices used. One thing that I noticed was that there was a dish made with jack fruit. Yes, the jack fruit was served not as a dessert, but as a course. It was very tasty. My favorite was the egg-



plant. The dessert table was stacked with all sorts of cakes and fruits. Alas, there was still much food left after the event, which I am sure was packed away. To me, that is a good sign of hospitality to all the ticket holders.

As ambassadors of the MSBCA, we did our best and have set the stage for the Sri Lankans to follow suit at Cultural Night. If their performance is anything like what we saw, the Sri Lankans will not disappoint.



The Cultural Night 2008 augered well from the beginning to the end, and went according to plan, from the decor, to the ticketing, to the food, to the performances, to the video display and photo shoot, to the sound system, to the MC's, to even the orderly audience. We even had a "Kedai" store, managed by Pei Lee selling knick-knacks to raise funds for the clubhouse. Attractive door prizes that depicts the theme "di-pantai" were well received by the winners. We are also grateful to our sponsors for the evening,

## MSBCA Scholastic Awards (For school year 2007-2008)

The MSBCA Scholastic Award enables MSBCA to recognize our children's successful completion of each level in the educational process.

Members are eligible for the annual award for their children provided that they **meet the following criteria:**

- The student must be a child of a member in good standing and the membership must have been in effect for a minimum of two consecutive years.
- The child, or any member of the family, has been an active volunteer in MSBCA.
- The student must have one of the four

core subjects (Mathematics, Science, Social Studies and Language Arts) in the final report card or transcript.

- Bonus awards for the highest mark is based on the final mark from all four core subjects (Mathematics, Science, Social Studies, and Language Arts).
- The student must be at the AGM on Sept 27 2008 in person to receive the award. If it is not possible, provide the reason(s) in writing and the committee will consider it on a case by case basis.
- Students in Grade 9 & 12 are encouraged to select an event(s) to volunteer in the upcoming year



**Deadline for submissions Aug 25 2008**

Send to: **MSBCA Cultural Centre**  
#301, 114 - 3 Ave SW  
Calgary, AB T2P 0E7

Attn: Secretary (Scholastic Award)  
or E-mail to: [ebiznez@shaw.ca](mailto:ebiznez@shaw.ca)

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**CONTACT:**

[editor@msbcacalgary.ca](mailto:editor@msbcacalgary.ca)



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