

PRESIDENT'S MESSAGE



ADELINE CHAN

The summer atmosphere is everywhere in Calgary. The Calgary Stampede was a busy time for everyone at the Stampede ground. Beautiful, sunny weather brought many

activities to take place in the mountains, on the lake, hiking trails and on the roads. Summer also drew many bikers and drivers out on the road for the holidays and pleasure.

On July 18th to 20th, MSBCA had a wonderful trip to the Kelowna wineries and cherry picking. We visited three wineries and did wine and ice-wine tasting. Cherry picking was such a great experience for most of us. There was a convoy of eight cars and eleven families traveling together in Kelowna. We also had a good spread of barbeque meat, authentic Indian food and Japanese food at the restaurants. The group also visited and toured the bee farm and learned all about the bees and tasted over 15 types of honey. The highlight of the tour was a sit-down luncheon at a winery, out on the balcony overlooking the vineyard, the Okanagan Lake and the mountains... just like the Mediterranean. The tour was enjoyed by everyone who went and it is hoped that future tours can be organized again in this manner. We thank Philip Chan and Jesse Cheah for organizing the tour.

The Singapore Night on August 9 and Medeka Night on August 30 are coming events to sign up for the specialty food of Asia. You can expect authentic, spicy cui-

sine that taste "shioik" and reminds you of our heritage. There will be a program to entertain everyone and memories of our younger days. Don't miss out on these celebrations. Call and book your reservation now as seating is limited.

The Malaysian Sepak Takraw team will be coming to Calgary for the Open Championship to be held from August 28-30. Teams from the USA and across Canada are expected to participate in this tournament. Invite your friends to see this spectacular sport in action and meet with the Malaysian team at the Medeka Night over dinner. MSBCA is a sponsor for the Malaysian team. Call Jesse Cheah for details.

Our MSBCA Annual General Meeting is scheduled for September 27, and tickets for the AGM buffet lunch is already on sale. There will be a good spread of food at a subsidized rate for our members. Members' children who graduated from Grade 6, 9 and 12 this year are encouraged to submit their results for the MSBCA Scholastic Award at the AGM by August 25. See the terms for eligibility to receive the Scholastic Award (see page 8).

Meanwhile members are also encouraged to step forward to serve in the MSBCA Board of Committee for the year 2008/2009. As the saying goes, it is better to serve than to be served. All the past and present Committee members can testify to a memorable experience of working together as a team and learning first hand as a manager for an event which is very relevant to our workplace. Please call our ticket sellers or any of the Committee members for the AGM buffet lunch.

Our celebration of volunteers for members will be held on September 6 at the

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Glenmore Reservoir. The Committee will be serving a good spread of meat barbeque and salad for our volunteers to enjoy.

It is our way of saying 'Thank you' for helping MSBCA in all the year's events. Have the family come out and join in the food and fun for the year end. Call anyone in the Committee to register as we need to know the headcount for food preparation.

Before the summers out and back to school, join the MSBCA family trip to the Brooks Dinosaur Park on August 16. Another great outdoor adventure specially organized for members' family. Register with Tony Quek and take advantage of participating in these customized trips as they don't come often and they take time and effort to organize for your enjoyment.

Wishing everyone a 'Happy and Safe Holidaying' in the summer wherever you will be or are traveling. Enjoy the outdoor and BBQ. Stay healthy and eat healthy. See you at the coming events.

*Blessings,
Adeline Chan*

the editorial

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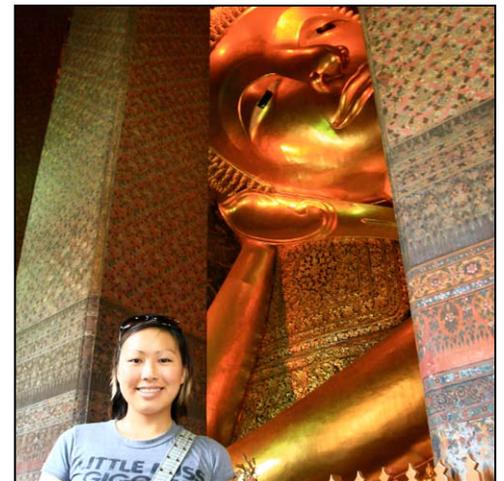
I hope all of you have been enjoying your summer! I know I have and am still. August is that time of the year when kids and students know they have just one month left before going back to school. Parents feel just a little relieved because they don't have to worry about what their kids are going to do all summer. Maybe a little overwhelmed also with the back-to-school shopping. But overall, I think everyone knows that August is a sign that the end of summer is near.

My time as editor is also coming to an end as my contract ends at the end of the month. So this could possibly be my last editorial or maybe you will all be seeing me again for another run at it? We will have to see what happens at the next AGM on September 27th. I would like to pass on the torch to someone else and give him or her the opportunity for the editor position and I hope there is someone out there willing to give it try!

If you are interested, please don't be shy and contact me or anyone else in the committee and let us know that you are interested! I should just mention a few requirements for the position: a flair for writing, writing skills, familiar with Adobe Photoshop and InDesign (or any Desktop Publishing software) for newsletter layout, and computer skills. An interest for photography may come in hand also. I would be happy to give some tips too.

Anyway I had a good year as the editor! I hope you all have enjoyed me as well. Now I would love to share some more photos with you from my trip, since space was a little limited in the last issue. I hope all of you enjoy the rest of your summer!

P.S. I meant Genting Highlands not Genting Island in my last editorial. Whoops!



Left (top to bottom): At the Elephant Show in Thailand | Posing with a snake at Turtle Island, Bali | At the Floating Temple (behind us), Bali.

Right (top to bottom): The Reclining Buddha, Bangkok | Floating Market, Bangkok.

-----MSBCA CALENDAR----- of events

July 2008

- 12th - Hiking
- 18 - 20th - Kelowna Winery Tour

August 2008

- 9th - Singapore National Day Celebration
- 16th - Brooks Dinosaur Park
- 30th - Malaysia National Day Celebration

September 2008

- 6th - Picnic/Hiking at Glemore Reservoir
- 27th - Annual General Meeting (AGM)



Change of address???

Please contact Tracey Bong at editor@msbcacalgary.ca to keep your details current!

Singapore National Day Celebration

Saturday August 9, 2008



All are welcome

Time: 6.30pm-10.00pm

Food: Singapore Laksa, Tauhu

Goreng, Durian Ice Kachang

Cost: \$10.00 per adult

\$6.00 per child (12 yrs + under)

Contact: Sherry Tay (403-532-1473) or Philip Chan (403-263-3883)

Program: Singapore Movie "Just Follow Law" with Gurmit Singh & Fann Wong

MSBCA AGM 2008

September 27 2008

11am to 2pm

Treasures of China

#23, 9125 Bonaventure Drive SE

Members Only

Please purchase tickets by Sep 18 2008 (need to give headcount)

\$10: 12 yrs and up

\$5: 6 to 11 yrs

Free 5yrs and below

Ticket sellers:

Sherry Tay, 403-532-1473

Janette Choo, 403-891-8035

- Registration and membership renewal
- Lunch Dim Sum Special Buffet
- Scholastic Award (See page 8)
- Nomination & voting of 6 executive & committee members

Note:

1. To vote or nominate, your membership must be current (fee paid) and you have to be a member of good standing.
2. Designated area in restaurant – free seating but respectfully request not to leave gap in seating (eg leaving hand bags etc on seat).

Mari Memasak!!



The Mari Memasak chefs/cooks are going on their summer vacations.

Therefore, there will be **no cooking classes for the month of July and August**

Contact Jill @ 686 8448 if you are interested in future Mari Memasaks.

Merdeka Night – 51st Malaysia National Day Celebration

August 30 2008

MSBCA Clubhouse

6.30 p.m. – 11 p.m.

Dress code: Traditional encouraged

We will be serving spicy Malaysian cuisine including dessert, prepared by Geraldine Sng of Straits Kitchen

\$10 for Adults

\$ 6 for 12 yrs and under

For Tickets & Payment, please contact:

Shanti James @ 998-5293

e-mail: shantisj@shaw.ca

Jill Heng @ 686- 8448

e-mail: jillheng@shaw.ca

RSVP by August 14 2008

Seating capacity: 80

Come and join us for a fun evening of Malaysian music & food

Please note that this is a catered event so we will not accept walk-ins

sports/recreation

BROOKS DINOSAUR TOUR AUGUST 16TH, 2008

Meet at the 36 St NE parking lot at the A & W at 8 am. (Change from Mac-Donald). We need to leave early for this day trip due to long driving distance. Please chip in for fuel if car-pooling. **Call Tony at 403 239 7438 to register on Aug 9. If less than 10 people, trip will be cancelled.**

Designated in 1979 as UNESCO World Heritage Site. Distance from Calgary is 250 km and from Brooks, it is 48 KM.



Available: Bus tours, guided hikes and fossil lab talks. Reservation desk open from 9 am to 4 pm daily. May 5 - Oct 12 , 2008. Call toll free 310-0000, ext 403 378 4344

- 5 self-guided trails
- 2 outdoor dinosaur building
- Bring good skin protection (SPF 30), sun screen, hat, sunglasses and water jug with you
- Good pair of runners or hiking boots are recommended. (If wearing runners, please stay on the trails. The thrones from the spiky cacti will poke through your shoes. And you won't want to step on the rattle snake either!)
- Camera is a must

2008 Ticket Prices (GST included):

Bus Tours/Hikes

Family \$25.00

Adults(18+) \$8.00

Youth (7-17) \$6.00

Child (6 & under) Free

Fossil Talks

(Jun 3 - Sept 3)

Not Applicable

\$4.00

\$2.00

Free

Prince Rupert Fishing July 3 - 5, 2008

Story and photos by Tony Quek

I left Calgary at 8 pm on Wednesday July 2 with three other guys. It took us 22 hours non stop driving through the Rockies heading north on Hwy. 93 to Jasper and then westbound on Yellowhead Highway

16. We arrived at Prince Rupert 22 hours later. Checked into the hotel, freshened up and ate dinner.

It was drizzling when we were out by the wharf at 5 am the next morning. We hopped into the chartered boat, a 27' Boston Whaler, which is equipped with two 200 horse power Mercury motors and a trolling engine. Boston Whaler is a boat that never sunk. I watched a documentary about the boat builder years ago. They chain sawed the boat into halves and yet the pieces were floating. It gave me a peace of mind to be on a safe boat throughout the three days of ocean fishing.

We landed a few halibut on day one. The biggest would be around 23 lb and I bagged my biggest Chinook salmon the same day. It weighted 22 lbs. I also caught a 15 lbs ling cod.



It was also a rewarding day two of salmon fishing for us. We maxed out on Coho/Chinook salmon for the day. They ranged from 12 – 20 lbs. On the same day, we headed to another halibut ground and landed a few heavy fighters. The biggest was 25 lbs.

Day three was rough with 8 feet swells. We landed 6 Chinook and searching for the Coho in the early morning. They weren't biting at all! We headed out to the rock cods' ground but due to the rough sea, we turned back in less than half an hour of trying to jig for fish. We decided to end the trip around 3 pm local time.

All in all, we had about 280 lbs of fish packed into 4 large coolers. This is an experience of a life time! I will definitely consider a return trip in the next couple of years.



Our, well-seasoned fishing, guide owns and operates the unsinkable Boston Whaler. Mr. Real Jones is a Haida First Nations person who started sport fishing since 1991. He is originally from the village of Skidegate on Queen Charlotte Island. He is much punctuated and loves his fishing. He knows the water well and is very conscious of our needs. This is the first time I have ever seen a person changing the bait every 15 minutes while fishing. I change mine only when eaten or washed away!

It is fitting that Real named his boat Real Deal. Real's guiding fee is very reasonable at times of high fuel and operating cost. Real's love of fishing and his respect to the nature is part of his heritage. We have so much to learn from him.

If any of you are interested, Real has a website, www.haidafishing.com Log on to his site and you will see how magnificent the scenery and the fishing are. Real is the young and a very good looking fellow if you peek into his photos gallery.

Wild Hawg: Riding fine and Biding time

By Patrick Teoh

The first group ride of the summer began on a sunny day down in South Calgary on May 31, 2008. Our ragtag group would comprise of a strangely diverse group of a Honda CBR600, a Honda



599, and a Yamaha Roadstar Silverado. True enough we would discover that this results in waves from all sorts of motorists. Old guys on Harley's who started waving at Peter Chai on his fellow cruiser would soon find themselves disgusted waving at a young guy on a sport bike. Indeed, a side effect of our random group would be to bridge motorcultural differences and foster motoracial harmony. However, I soon realized that a biker wave to a bicyclist would result in a smile only a tenth of the time. Ignorance and sometimes confusion would result the rest of the time.

The first leg consisted of a speedy race down 22X to Highway 66 and finished off at Elbow Falls. After some waterfall-looking, Peter took out his tripod and Jason Eng made use of his martial arts speed by setting a series of one-second self timing photos while I ate two hot dogs.



We were quickly back on the road where we sped to the next destination, a landmark for Alberta riders: Highway 762 by Bragg Creek. This few minute stretch of road was known for its healthy abundance of somewhat lower-speed curves and good visibility, making it a popular choice for most motorists. However, Jason warned us that he had heard of residents living in the area that would put gravel on the road to discourage this, indicating their preference of quiet roads over the value of motorists' lives. For this reason, and as the safe course of action for any motorcyclist, we took it easy as this would be the first and only run of the ride. Our illusions were dispelled, as the roads seemed relatively clear and we were full on throttle on a wide road on a beautiful day.



After this we made our way to Black Diamond and Longview. Peter showed the popularity of his own good looks and his Yamaha as he solicited biker waves from everyone. Personally, I made friends with a wasp who ended up inside my helmet visor. Once arriving in Longview, we stopped over at Navajo Cafe, which was founded by country singer Ian Tyson.

Sadly, this is where the rest of the day began. After some drinks, we went out to the bikes and found an unpleasant surprise. Jason's bike would not start. The engine would not turn over at all and it seemed no power was coming the battery at all. He quickly realized GW Motorcycle World (yes, the one on Barlow Trail) had screwed him over. He had just picked up his bike from there that morn-

ing for a coolant flush, in the end they got rid of more than just coolant. Jason took apart the bike as best as possible and went through the requisite checks. He checked the battery terminals, not loose.



He checked the fuses, all good. Got a voltmeter from the fire station across the street and battery, all good. This meant that there was a problem under the gas tank, which he wouldn't have access too.

We went over the possibilities. Get a tow, too expensive for a student. Take it to a shop around there, none available per locals. Try to fix it there, no tools. Try to use someone's AMA membership, only gold membership covers bikes. Luckily my dad was in a good mood and offered to come pick up the bike.....in the van. We were hesitant - it's hard to imagine a bike in a van, but my dad was sure it'd fit after taking out the seats. So we took a gamble and he came. With the help of a couple locals and a blade from a construction vehicle as a ramp, we managed to get the bike into the van, after taking off the small windshield.

By this time six hours had passed since arriving in Longview, and we were on the way home with the bike precariously balancing on its sidestand inside the van. In the end, despite all the troubles, our motordesires were fulfilled from a good ride and good company. However, next ride hopefully you will join us, be it men, women, boys, girls, on cruisers, sport-bikes, standards (YEAH!), or scooters or bicycles.

Kelowna Winery Tour & Cherry Picking

Story by Ben Lim
Photos by Peter Chai

For some of us, a summer vacation is not complete without a trip to the Okanagan Valley. So a group of about 30 people, adults and children, bravely signed up to join a convoy of 8 cars commandeered by



Adeline, Philip, Jesse, and Peter traveling to Kelowna, BC. The group visited the Planet Bee Honey Farm in Vernon, the Jam factory, toured the Kelowna winery and 'U-Pick' cherry orchards.

At the Bee farm, all of us quickly learned about the Royal jelly (food for the Queen bee) and what the male and female working bees can do and give. Everyone witnessed the hatching of bees from the bee hives. We all learned that honey is good for you. So eat lots of honey; it is healthy food.

Wine tasting is an art. Once you hold that sample of wine in your glass you already feel like a wine connoisseur. The wine expert behind the bar gives you adequate instructions to guide you in smelling and tasting the sweetness and dryness of the



wine in the glass. First, you're supposed to stick your nose in your glass to take in the aroma of the wine. Thereafter, you take a sip and gargle the wine in the

mouth so as to blend the wine with your taste buds before consuming the rest of the wine. The scenery from the Summerhill Pyramid Winery and the Mission Hill Winery is out of this world. It reminds me of the Maxfield Parrish enchanted scenes of the Greek and Roman worlds.

The group also went cherry picking from one cherry farm to another. The price goes from \$1.50 to \$2.50 per pound. Everyone seemed to have a pick at the cherries and we must have brought home hundreds of pounds of cherries.

Everyone experienced some delightful restaurants including East Indian and Japanese cuisine including an extravagant and fine dining at the Gray Monk Winery. What a treat.



Enjoying the sunset scenery, the group walked along the harbour front of Kelowna in downtown, experiencing the many activities of the night market including rock music and tavern drinking conversations. The weather was warm but pleasant to get around.

On our return journey, the group visited the Jammery in Winfield for some exotic jams and great ice cream. The group returned home to Calgary safely. Everyone had a memorable experience of wine tasting, cherry picking, honey and jam tasting in Kelowna.

So here's a toast and many thanks to Adeline, Philip, Jesse and Peter for this mightily successful trip to the beautiful floral wine valley and fruit-belt of the Okanagan in British Columbia.

More photos on page 7.

Chester Lake Day Hike July 12, 2008

It was sunny and clear when we arrived at the trail head's parking lot at 11:15 am. Including myself, there were 11 of us. A good turn out for this easy, and short hike.



We had lunch at less than 2 km of hiking, close to noon. The refueling and rest was a relief for all of us. The rest of the 2.4 km hike was a gentle and easy climb. At the 0.5 km mark, it was slightly down hill, level ground. The scenery was breathtaking. There were so many other hikers, as young as 5 years old, families with dogs and fly-fishermen with floats.

The fishing was slow under the hot sun. I was told by a fellow that he caught



around 15 trout (Catch & Release) in the early morning. I tried for 15 minutes and lost my fly on top of the tree!

The return hike to the parking lot was a breeze to many. YeuChuan & company were 15 minutes ahead of us. It was very refreshing hiking in the beautiful K-country.



WANTED

Members for Cultural Night Committee

After the successful conclusion of our 2008 cultural night in June, we are now in the process of setting up a committee to organize and run the 2009 cultural night. This event will be in celebration of our 20th year as a community organization. We have come a long way, and it would be wonderful to plan and prepare an event that will reflect all that we have achieved in terms of maintaining our culture and importantly, showcasing it to our friends here.

We are looking for Volunteers who can help in the organizing of the following:

- Food Planning and Preparation
- Logistics
- Transportation
- Decoration
- Cultural Performances
- Fashion Show
- Stampede Parade
- Budgeting and Finance

The idea here is to help in any way, shape or form. If you feel that you can contribute some of your time, please contact Jade Tarbet and let her know where you think you can be of most help. **Deadline by: Sept 30, 2008**

Jade Tarbet – Interim Head of the 2009 Cultural Night Committee
Tel: 403 – 998 4809
E-mail: jbtarbet@shaw.ca

MSBCA NEEDS YOU!

FOLK DANCING & LINE DANCING

There will be Folk dancing and line dancing every

Wednesday night from 7pm to 8:45 pm

Please call **Adrine Chong** to register by cell:(403) 973-8338 or email: adrinecfl@hotmail.com.

We dance to Chinese traditional and pop music. Dancing is a fun way to stay fit, meet new friends.

You do not require a partner to join.

Would you like to share some great recipes, a great photo, or funny jokes?

Please send them in to editor@msbcacalgary.ca and we will publish it in the newsletter!

More Kelowna Photos

Story on page 6



Photo of the month



Photo by Peter Chai. Beautiful, ruby red cherries, good enough to eat off the trees, were picked by the pounds by members on their Kelowna trip.

MSBCA Scholastic Awards (For school year 2007-2008)

The MSBCA Scholastic Award enables MSBCA to recognize our children's successful completion of each level in the educational process.

Members are eligible for the annual award for their children provided that they **meet the following criteria:**

- The student must be a child of a member in good standing and the membership must have been in effect for a minimum of two consecutive years.
- The child, or any member of the family, has been an active volunteer in MSBCA.
- The student must have one of the four

core subjects (Mathematics, Science, Social Studies and Language Arts) in the final report card or transcript.

- Bonus awards for the highest mark is based on the final mark from all four core subjects (Mathematics, Science, Social Studies, and Language Arts).
- The student must be at the AGM on Sept 27 2008 in person to receive the award. If it is not possible, provide the reason(s) in writing and the committee will consider it on a case by case basis.
- Students in Grade 9 & 12 are encouraged to select an event(s) to volunteer in the upcoming year



Deadline for submissions Aug 25 2008

Send to: **MSBCA Cultural Centre**
#301, 114 - 3 Ave SW
Calgary, AB T2P 0E7

Attn: Secretary (Scholastic Award)
or E-mail to: ebiznez@shaw.ca

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CONTACT:

editor@msbcacalgary.ca



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